



Sadhana Education Society's

**L.S. Raheja College of Arts & Commerce**

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# CAMP BUZZ

**L.S. Raheja College Newsletter 1st quarter  
August to October 2020**

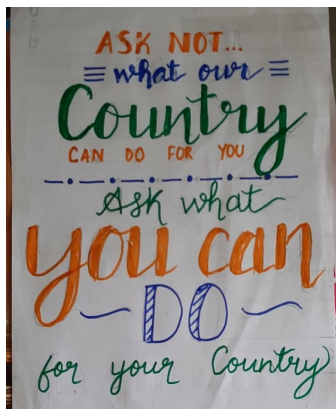
# Webinar on UGC MOOCs: SWAYAM

Malti Jayant Dalal Library conducted a Webinar on UGC MOOCs: SWAYAM An Opportunity for Life Long Learners on 12th August 2020 to satiate the dire need for retraining and continuing education. The main purpose of the webinar was to make users aware about SWAYAM and encourage them to enrol for SWAYAM courses that will add value to their current set of skills and enhance knowledge base without constraints of time and place. The Resource person was Dr. Parita Desai, and the webinar was held for teachers, Librarians and students.



## Flag hoisting ceremony

On the occasion of 74th Independence day, to cherish the spirit of liberation and to reminisce the sacrifices of the brave martyrs and patriotic countrymen that laid the foundation of free and Independent India, an on campus Flag hoisting ceremony was organised by the college in presence of the Principal, Dr. Debajit N. Sarkar, CAO of Sadhana Education Society, Mr. Shripad Tamhane and other teaching and non- teaching staff, following social distancing norms, which was live telecasted on official YouTube channel of the college. Students were invited to view the proceeding live from their homes and participated in the cultural events virtually. The event was promoted by the NSS and N.C.C volunteers of our college on social media platform.

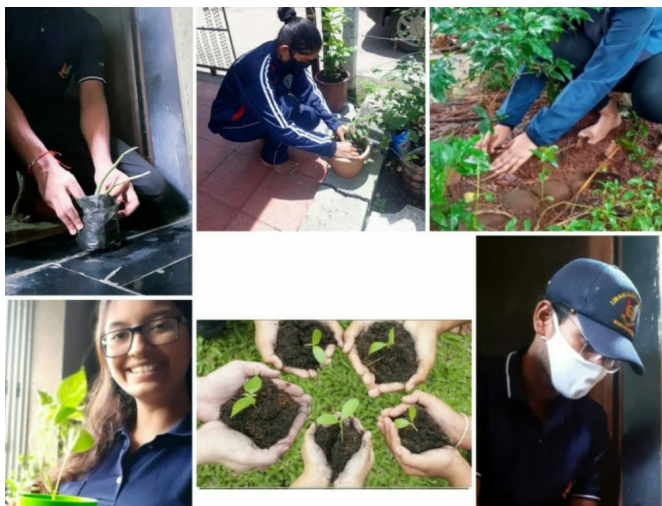


Our N.C.C Cadets also participated in Atmanirbhar Bharat Programme organised by 1 Maharashtra Naval Unit. They did Tree Plantation nearby their home. Some of the cadets made posters of 74th Independence Day. They also attended a webinar on 14th August 2020, organised by 1 Maharashtra Naval Unit Mumbai. The topic of webinar "Atmanirbhar Bharat" was introduced by Ex-Defence officer Major. Kamble. Our college N.S.S and N.C.C Committee together propagated patriotic messages through digital and social media.



**PROMOTION OF ATMANIRBHAR BHARAT** was held on INDEPENDENCE DAY, 15th August, 2020. The pillars of Self Reliant India namely Economy (of quantum jump), Infrastructure (that represents modern India), System (of technology driven), Vibrant Demography (Diversity that will strengthen together) and Demand (full utilization of power of demand and supply) were the focus during social and digital media promotions. There were 40 participants.

Volunteers also created a digital awareness video on various themes such as: Atmanirbhar Bharat, Prevention of Covid-19 by practicing social distancing and good hygiene recommended by Ministry of Health and Family Welfare, Govt. of India, Gender Equality, Child Labour etc. In the midst of the Corona pandemic, the NSS volunteers took the pledge to make 'vocal for local' the mantra of the nation.





# Teachers' Day

Teachers' Day was celebrated online on 5th September 2020. The virtual gathering was graced by Shri Shripad Tamhane, CAO of Sadhana Education Society who addressed the online gathering and Dr. Debajit Sarkar, Principal. The programme was attended online by staff members - Degree and SFC and co-ordinated by Dr. Neelam Yadav and Samiksha Jadhav. Students gave speeches and presented songs to celebrate the contribution of teachers' in their life and for the betterment of the society. Staff members also presented songs and poems to celebrate the occasion.



An **Online Book Exhibition** on the Occasion of Gandhi Jayanti, was held on 2nd October 2020. The main purpose was to honour the iconic leader, who is popular for his non-violent movement. The exhibition aimed to make students aware about his unforgettable contribution to the struggle for freedom and encourage them to treat everyone equally whatever their gender, religion, colour or caste maybe. 24 students participated.

Department of History organised a **Guest Lecture on "Archaeology and Dating Methods"** on 10th October 2020, to make students aware about various dating methods of Archaeology. The Resource Person was Mr. Rajesh Poojari. 14 students of TYBA History participated. The students were enlightened with various dating methods that have been effectively used by an Archaeologist in all over the world.

A **Guest Lecture on REBT** was organised on 14th October 2020 to familiarise students with REBT as a therapeutic technique and the intricate details of the same. The resource person was Ms. Sawti Khanolkar, and the programme was held for TYBA Psychology (Majors and Part Majors). 42 students participated. They got to experience a live demonstration of a counselling session using REBT techniques, a thorough understanding of REBT as a therapy and the various techniques used in the same.

## "Media and Mental Health"

A Panel Discussion on "Media and Mental Health" was held on 10th Oct 2020, on the occasion of World Mental Health Day. The purpose of this panel discussion was to create awareness and help youngsters to mental health hazards due to excessive use of media and steps that can be taken to prevent that. Three experts from diverse field were invited. Mr. Harssh Singh from the field of media, Ms. Ameeta Shah from field of coaching and counselling and Ms. Manik Bhadkamkar from the field of Clinical psychology. Their view points were elicited and their own mechanisms to keep mental hygiene while using media were discussed. 107 participants from different colleges across Mumbai benefitted. Major take away for students was understanding how to maintain mental hygiene and mental health while consuming digital media.

S.E.S's L.S. Raheja College of Arts and Commerce  
Relief Road, Santacruz west, Mumbai - 400054

ON THE OCCASION OF WORLD MENTAL HEALTH DAY, THE DEPARTMENT OF PSYCHOLOGY IN ASSOCIATION WITH IQAC ORGANISES A PANEL DISCUSSION FOR STUDENTS ON

### MEDIA AND MENTAL HEALTH

PANELISTS:



**Ms. Ameeta Sanghvi Shah**  
NLP Master Practitioner



**Mr. Harssh Singh**  
Actor, Corporate Trainer



**Ms. Manik Bhadkamkar**  
Clinical Psychologist

Date: 10th Oct, 2020      Time: 11:00am to 12pm  
Where: Google Meet      Registration: Free



**Ms. Neha Dalal**  
Senior Person  
Dept of Psychology



**Dr. Anupama Nerurkar**  
IQAC Incharge



**Dr. Debajit Sarkar**  
Principal

## Vachan Prerna Divas

Celebration of Vachan Prerna Divas on the Occasion of Braratna Dr. A.P.J Abdul Kalam Azad Jayanti was held on 15th October 2020. Dr. APJ Abdul Kalam loved reading and writing, and the main objective of book exhibition was to make students understand the importance of reading, and to encourage them to develop reading as a hobby. Dr. Parita Desai was the resource person.



**Workshop on Social entrepreneurship, Swachhata and Rural Engagement** under DLLE was held on 15th October 2020, DLLE in association with MGNCRE, Ministry of Education – Govt of India organised a workshop on **“Social entrepreneurship, Swachhata and Rural Engagement”** for the students enrolled in DLLE. The following key points were addressed: to understand the vision of SESREC, to promote social entrepreneurship and to share case studies and real life examples in SESREC. The resource person for this workshop was Dr. V. Krishna Priya. It was attended by 77 DLLE students of our college. The students received good insights about how to become a Social entrepreneur and what are the responsibilities that are expected to be delivered by such young social entrepreneurs. The workshop was very well received by most students giving a positive feedback and review for the workshop.

**A Webinar on Use of Open Educational Resources** during COVID 19 Period and Copyright Issues for FYB.Com, was held on 22nd October 2020. The use of open educational resources are one of the best sources for online teaching and learning in today's scenario, specifically in COVID1-Lockdown period. The main purpose of the webinar was to make user aware about Open Educational Resources and how to use it for online teaching and learning for achieve academic excellence. The resource person was Dr. Parita Desai, and 155 students participated.

BFM Stockers' association – Finzard organised a **One day inter college Event – “WizHunt”** in collaboration with K. C. College SCoPE, on Sunday, 25th October 2020 BFM students under the banner of "Stockers' Associations - Finzard" conducted a one day inter college event “WizHunt” in collaboration with K. C. College student committee SCoPE. The event was promoted by both colleges on their respective official Instagram pages @bfm\_finzard and @SCoPE. The event was conducted on Google form and the promotion and other allied activities were done on the social media page. The event witnessed registration of 275+ participants (Groups and Solo) from 12 different colleges. The winners were awarded with Certificates of Achievement.

The Staff Academy organised a **Talk on Role of teachers in development of the college** on Monday, 26th October, 2020. The objective was to acquaint the teachers on their role in the college development. The resource person was Dr. Manju Nichani, member of College Development Committee. 29 teachers participated.

## Use of Digital Library

A Webinar on Use of Open Educational Resources and Use of Digital Library during COVID 19 Pandemic for T.Y.B.A. was held on 24th October 2020. Dr. Parita Desai was the resource person, and there were 90 participants. The students were confident enough to use the open educational resources for their academic purposes and viewership of Library e-resources increased.



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: ls.raheja

**Designed by -  
Ashish Isai**