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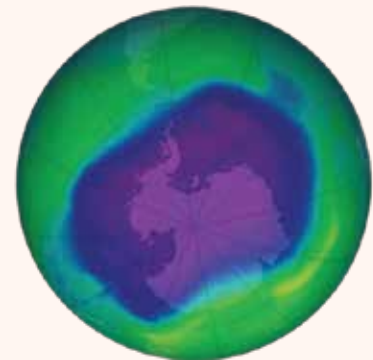
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CURRENT AFFAIRS

- ◆ Union Agriculture Minister Narendra Singh Tomar launched 'Amul Honey' on September 28, 2021.
- ◆ Union Earth Sciences Minister Dr Jitendra Singh launches Amrit Grand Challenge Program.

Who is Bigger? Antartica or The Ozone Hole?

-Darshit Tanna



PC: India Times

When the world faced a pandemic in 2020, a lot of things became stagnant and lives were not on track. Despite everything going unexpectedly wrong, the world saw a few good outcomes of lockdown. Mainly environmental benefits which include the reduction of air and noise pollution, returning of animals on streets, and the most significant benefit, the healing of Ozone Layer and decrease in Global Warming. But, as soon as things started getting on track in 2021, it started getting worse for mother nature. The pollution began rising again rapidly as our lives resumed. We are hardly able to hear the chirping of sparrows, and, as per research, the Ozone Layer, which was healing in lockdown, its hole is now larger than Antarctica.

After a pretty standard beginning, the 2021 ozone hole has significantly grown somewhat recently and is presently bigger than 75% of ozone holes at that stage in the season since 1979. Scientists from the Copernicus Atmosphere Monitoring Service that tracks the ozone layer have detailed that the hole is "maybe bigger than regular." They said that the current year's advancement is like the one out of 2020, which was among the most profound and the longest-enduring.

"This year, the ozone hole created true to form toward the beginning of the period. It appears to be quite like last year's, which additionally wasn't extraordinary in September, however at that point transformed into one of the longest-enduring ozone holes in our information record later in the season. Presently our figures show that the current year's hole has advanced into a preferably bigger over the normal one. The vortex is very steady and the stratospheric temperatures are even lower than a year ago. We

are taking a gander at a very huge and conceivably likewise profound ozone hole," Vincent-Henri Peuch, overseer of the Copernicus Atmosphere Monitoring Service said.

It is to be noticed that throughout the spring season from August to October in the southern hemisphere of the globe, the ozone hole frames yearly over the Antarctic, arriving at a maximum between mid-September and mid-October. At the point when temperatures high up in the stratosphere begin to ascend in late Southern Hemisphere spring, ozone consumption eases back, the polar vortex debilitates lastly separates. By December, ozone levels as a rule get back to business as usual.

Scientists have since a long time warned that the hole in the ozone is human-made and an aftereffect of unchecked greenhouse emissions.

As the exhaustion of the ozone layer became inevitable, nations marked the Montreal Protocol to control the creation and utilization of almost 100 man-made synthetic compounds alluded to as ozone-depleting substances (ODS). A new report had shown that separated from defending the ozone layer the understanding has likewise had co-benefits for plants and their ability to store carbon through photosynthesis.

I am a Girl

-Sama Padvekar



PC: Times of India

The International Day of the Girl Child is observed on 11 October of every year. This day highlights and addresses the needs and challenges faced by girls also promotes girl's empowerment and fulfillment of their human rights.

The rate of progress for adolescent girls is not matching with the realities we face in today's world. Due to Covid-19, many adolescent girls have lost their right to education and healthy life which later might affect their mature life. If they are supported enough during their formative and critical years, girls too have the potential to change the world. They can be housewives, mothers, entrepreneurs,

mentors, political leaders and influence the world in multiple ways.

This day has had a specific theme each year ever since it came into existence. The theme of International Day of the Girl 2020 was "My voice, our equal future," reimagine better world-inspired adolescent girls. This theme focused on their demands to live free from gender-based violence, harmful practices, etc. To learn new skills which will help them make their future and lead a generation of activists who accelerate social change. The theme of 2021 has not been declared yet, but you can contribute towards the day by supporting girls.

In the last two decades, there has been improvement in the health and growth of adolescent girls, but there is a lot more progress to take place. Girls are breaking boundaries that are posed by the stereotypes and limitations set by society. They are creating a world with better and equal opportunities for all.

International Day Of the Senior Citizen

-Deepali Gohil

International Day of the Senior Citizen is celebrated on 1st October every year. The ideology behind celebrating this day is trying to put a beautiful smile on each senior citizen. This day is an honor to show our love and affection towards the elders of our house and also, nationwide. The International Day of the older person is commemorated by raising awareness on topics such as issues faced by the older people, who undergo depression, elder abuse, senescence, etc. The day is celebrated by spending time with their grandparents/parents, in NGOs or donating clothes, food or money to respective organizations, baking/cooking for or with them, etc. In India, the impact of this day is not much. Everyone should respect their elders and also along with that, celebrating the international day of the senior citizens should be considered equally important. Senior citizens need some love from their younger ones. Even small steps can make them feel magnificent. Therefore, we must celebrate this day every year.

World Food Day

-Rahul Shigwan

World Food Day is celebrated every year across the world on 16th October which marks the creation of FAO (The Food and Agriculture Organization) in 1945. It is celebrated to appreciate not only the amazing food we eat but also promote global awareness for those who suffer from hunger. So talking about India, when you think about Indian food, no one dish exemplifies India. Dishes change from state to state and region to region and each one has its unique taste and style. Let us know more about the food which represents a state or a city.

Vada Pav: Vada Pav is the king of street food in Mumbai and is enjoyed by millions. Sometimes also referred to as "Bombay burger". Its made up of 'batata vada', which can be mostly seen in Marathi cooking as well as many parts of the country, 'pav' which is bread, and the chutneys are a must. Whenever the word Mumbai comes, it is always linked with Vada Pav.

Dhokla: Dhokla is a type of farsan and one of the most popular food in Gujarat. It is a light and spongy cake that is cut into cubes and garnished with mustard seeds and coriander. Dhokla, made up of besan batter is mainly called Khaman, and one which is made up of fermented rice or Rava batter is called Dhokla.

Lassi: Lassi is a drink that is very popular in the northern part of India, but one of the must-haves for Punjabis. It is made up of blended curd or yogurt and has many variations to it. Being sweet, it can also be salty. Many other types of lassi are made like dry fruit lassi, mango lassi, kesar pista lassi, malai lassi to name a few.

Kebabs: If you think about Lucknow what comes to your mind? Kebabs! Kebabs is a delicacy in Lucknow that you can find everywhere in Lucknow, from the streets to a restaurant with different tastes and

flavors. It has a crispy outer layer and soft filling of chicken, mutton as well as veg items. One of the popular kebabs to try are Galawati kebabs, Tunday kebab, and Veg Shami kebab.

Momos: Momo is a type of East and South Asian steamed-filled dumpling, popular across the Indian subcontinent and the Himalayan regions of the East-South Asia border. It is native to Nepal but very much popularized in northern India in the form of street food. They are also known as Dim Sum and are dumplings made from flour with savory stuffing. There are different types of momos that we get nowadays like fried momos, schetzwan momos, tandoori momos which are enjoyed by many.

Food is one of the most essential requirements for the sustenance of human life. Even if a human being does not get a roof over their head or clothes over their body, food is important for them to survive. Food has acted as a catalyst for societal transformation, development, and expansion throughout history but now, food safety is becoming an important issue. Thus to raise awareness about the importance of good food and nutrition, World Food Day is celebrated across the globe in different ways. On this occasion, the authorities come up with a new theme for World Food Day every year, revolving around agriculture, food, and investments to increase the production of food products. While last year, the theme was 'Grow, nourish, sustain, this year, that is 2021, the theme is yet to be announced.



PC: Rahul Shigwan

DID YOU KNOW?

There's a toilet museum

In New Delhi, the Sulabh International Museum Of Toilets features a rare collection that details the historic evolution of toilets from 2500 BC all the way up to the present day.

People in Medieval England had rap battles

Before rap battles, there was something in medieval times called "flyting." This is when two opponents would trade insults at each other and it was widely popular in the 15th and 16th centuries.

MD ANIMALS

-Faiz Farooqui

Up to 5,00,000 animals were victims of abuse in India between 2010 and 2020. About 136 cases of animal abuse were recorded per day. That comes up to around six animal abuse cases being registered per hour. These figures don't include cases where animals were killed in slaughterhouses, zoos, laboratories, or situations of human negligence. Stray dogs, cats, pigs, goats, fish, langurs all have been in the crosshairs of deranged people looking to get a kick out of unnecessarily torturing innocent lifeforms.

"The greatness of a nation and its moral progress can be judged by the way its animals are treated." – Mohandas Karamchand Gandhi

Gandhiji got it on point all those years ago. A man who is incapable of compassion towards animals would not treat his fellow human beings well. There is no redemption arc here nor is a Loki-Esque character turnaround. 71% of domestic violence perpetrators have also been found to have maltreated animals or their pets as well.

Everyone should be responsible towards animals otherwise these issues wouldn't be solved at all, would they? To make a difference, we need to change our attitudes towards animal cruelty. When in presence of such an incident, document the incident, file an FIR at the nearest police station, notify other appropriate authorities. For example, if someone is abusive to wildlife, contact a forest officer via your state's forest department, or if the abuse occurred on a college campus, get in touch with the dean. Many small steps from all of us will eventually lead to one massive leap.

"The love for all living creatures is the noblest attribute of man." – Charles Darwin

Critics' Section

(based on IMDb's rating)

MOVIES



Alladin
6.9



No one gets out alive
5.9



Joker
8.4

BOOKS

Anywhere for you

Looks like a romantic one but a doozy on the heart! A young reporter is fascinated by a woman she sees sitting at the same train station every day with a sign. Interested in her story, the young reporter begins to look into the matter.



Meet me in Paradise

This one is about a woman who doesn't travel anymore after her mother dies on an assignment but reluctantly agrees to join her sister on a spa trip in a tropical location. Already out of her comfort zone traveling, things get worse when her sister doesn't make the flight and she's on her own to explore the island.



This close to okay

This book is about a woman, who comes across a man ready to jump off a bridge on her way home from work. She gets him to walk away and go for coffee with him and then, upon coming back to her home, the two are in for an emotionally charged weekend where they start to help one another heal, reveal their own secrets and get to the truth of why he was on that bridge.



The new Crypto Trader, not a human!

-Ishita Karmaran

Mr. Goxx, like many others, is experimenting with cryptocurrencies in the hopes of striking it rich. He's remarkable for two reasons: first, he's profitable, with a lifetime return of over 20%, outperforming many professional traders and funds and on the other hand, Mr. Goxx is a hamster. Quite surprising, isn't it?



PC: CNN

A trade office is added to the business-minded rodent's usual cage. Every day, as he walks into the office, a Twitch live stream begins, and his Twitter account informs followers that Mr. Goxx has begun a trading session. He chooses which cryptocurrency he'd want to trade by spinning his "intention wheel" through the various possibilities. On his office floor, there are two tunnels: one for buying and one for selling. When he goes through a tunnel, the electronics linked to his office execute a deal based on Mr. Goxx's wishes.

Two men in their 30s from Germany are the brains behind the furry financier. Mr. Goxx's moniker alludes to the possible calamities of the cryptocurrency market. Mt Gox was once the world's largest cryptocurrency exchange – until it was hacked and hundreds of thousands of bitcoin were stolen, forcing the firm to declare bankruptcy. The first month was a struggle. Mr. Goxx began on June 12 with €326 (Rs.28,193.35), making an order for Stellar (XLM). Goxx Capital was down 7.3 percent one month and 95 orders later. However, as of September 27, the intrepid trader's career performance was up 19.41 percent. According to calculations by crypto news site Protos, this outperforms not just the performance of major stock markets like the FTSE 100 or the Dow Jones, but even the performance of investment guru Warren Buffet's business, Berkshire Hathaway. Even in the crypto market, Mr. Goxx has occasionally come out slightly ahead of Bitcoin, the largest of the currencies.

Goxx Capital is not a legitimate investment firm, and Mr. Goxx's human partners are quick to point out in every tweet that it should not be construed as investment advice. During the "corona frenzy that struck our life," it began as a recreational attempt say the creators. Mr. Goxx's creators, however, wish to remain unidentified.

Except for a few code snippets used by the pals, almost everything on Mr. Goxx's trading floor is handmade. The workplace is entirely automated, utilizing a variety of technology such as software scripting, microcontrollers, single-board computers, computer-aided design, 3D printing, laser cutting, and more. Mr. Goxx's office is called the "GoxxBox".

According to the human designers, this resulted in "a very complicated arrangement." Mr. Goxx, on the other hand, works his hours, just like any other successful CEO. Except when he needs to stay put for cleaning, the gateway between his normal cage stays open, allowing him to clock off at any moment. And devoted viewers will have to wait for the next broadcast notification: "Mr. Goxx is at work."

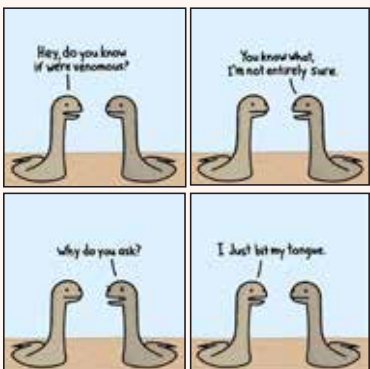
TINY TICKLES



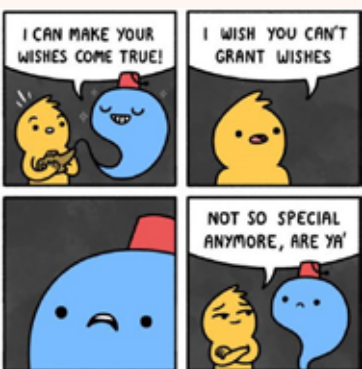
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CC: Blazed Express

HEAD OVER MEALS

Peanut Butter Balls

-Kavita Soni

This is a quick recipe that is a perfect addition to after-school snacks. It is a healthy and delightful recipe, also can be prepared easily by everyone.

What will you need?

- 1/3 cup creamy unsweetened peanut butter
- 1/4 cup honey
- 1 tsp pure vanilla extract
- 1 cup rolled oats, ground into a coarse flour
- 1 tsp chia seeds
- 1/4 cup raisins (chopped)



How is it made?

1. Warm the peanut butter and honey until smooth, in a microwave or over the stove.
2. Combine with other ingredients and mix thoroughly.
3. Once the mixture is ready, make small balls and put them on waxed paper.
4. Refrigerate them for ten minutes.
5. And chilled peanut butter balls are ready to eat! Enjoy!

FUN FACTS

Mosquitoes are the deadliest animal in the world:
They kill more people than any other creature, due to the diseases they carry.

QUOTE FROM GURU GRANTH SAHIB

When good karma dawns, the wall of doubt is torn down.
– Guru Granth Sahib Ji

Borderline Personality Disorder

-Faiz Farooqui

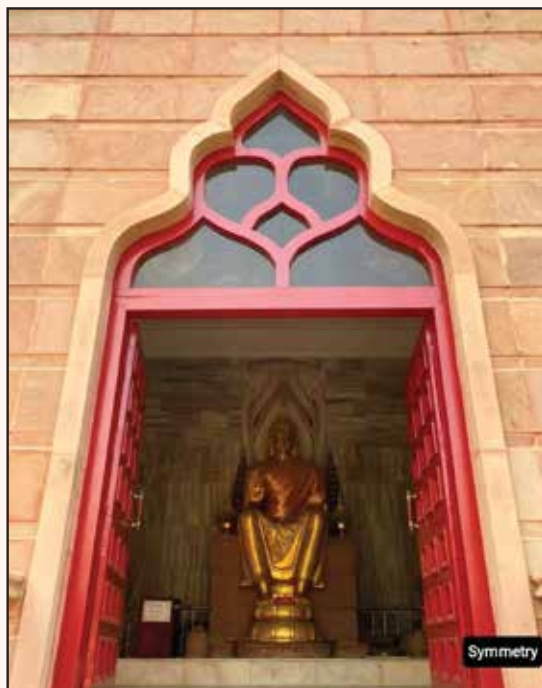
What do Jim Carrey, Vincent van Gogh and Harry Potter all have in common? If your answer was Borderline Personality Disorder, you are correct. What is Borderline Personality Disorder you ask? Borderline Personality Disorder (BPD) is a mental health disorder where patients have symptoms ranging from sadness to outright suicidal thoughts. "One second I'm perfectly fine, and the next it's like a volcano erupts inside me, leaving me miserable." What feelings feel volcanic to you? What kinds of things cause them?" It is estimated that 2.3 percent of the population suffers from BPD. To put it into perspective, a class of 100 students has 2 students who probably suffer from BPD repercussions such as volatile mood swings, explosive anger outbursts, narcissistic tendencies, broken self-esteem, depression, social isolation, and an intense fear of abandonment. Britney Spears's self-destructive tendencies are believed to be symptoms of BPD. Just as the surgeon should perform surgeries, diagnosis and treatment of BPD should be left to psychiatrists. Talking and listening to their problems also aids of course, which comes under clinical psychiatry. Severe cases could require hospitalization. People with BPD require love and attention, not endless criticism. "Remind yourself that it's okay not to be perfect."

QUOTE OF THE MONTH

"Most people do not listen with the intent to understand; they listen with the intent to reply."
– Stephen Covey



-Pratham Soni



-Kavita Soni

WRITE OUT LOUD

ALRIGHT

In this endless circle of life,
We meet number of people,
And it's not necessary we treat them all equal,
For that you don't have to be sorry,
It's Alright!
Sometimes we are so puzzled up in our own problems,
That life seems to us so numb.
Gradually due to this we develop bad temperament,
And this makes our mood swings permanent.
Though It's Alright!
Sometimes people make you feel, you are wrong,
But defending them you have to stay strong.
Don't give up on things in which you are right,
Then you, yourself will realize,
It's Alright!!

-TANYA PUROHIT



-Rahul Shigwan



-Sayam Doshi

Kya aaj khud ke liye bhi kuch karoge?

Kya aaj khud ke liye bhi kuch karoge? Ya
sirf daudoge?
Kya aaj khud se bhi baatein karoge? Ya
tum sirf mon rahoge?
Kya aaj apno ke saath rahoge? Ya aaj bhi
kaam karte rahoge?
Kya aaj thoda waqt hamein bhi doge? Ya
waqt ki kami hai ye bahana karoge?

Log kehte hai, "Kya lekar aaye the? Kya
lekar jaoge?"
Mein kehti hun yaadein lekar jaungi.
Jab mein chali jaungi, Kya mere kabra ke
pass aaoge?
Kya abh baith kar baatein karoge? Kya abh
mujhe apna waqt doge?
Ya khud ke liye bhi waqt nahi, ye bahana
doge?

Yeh Batao, Kya Abh! Khud ke liye bhi kuch
karoge?

-Kavita Soni

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-Sama Padvekar



-Nidhi Nisar



-Sakshi Rane

BIRTHDAY WISHES

Simmi Ghoshal- 7th October
Kajal Saini- 10th October
Hrshikesh Thakur- 23rd October
Farzad Irani- 30th October

Today is the oldest you have been, and the youngest you will ever be. make the most out of it. -Nicky Gumbel

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