#### SADHANA EDUCATION SOCIETY'S

### L. S. RAHEJA COLLEGE OF ARTS AND COMMERCE

#### **GYMKHANA REPORT**

YEAR -2018-2019

#### **National Sports Day**

National Sports Day was organised by Gymkhana Committee on 29-08-2018 at College Ground (Upavan) on King of Hockey Major Dhyanchand's Birthday. Principal sir, Hrishikesh Wandrekar sir, Ram sir, Ashish Sir from non Teaching Staff, Peons and Students were attend that Programmed. Principal sir, Ram Sir and Hrishikesh Wandrekar sir gave some inspirational speech about sports. Students express some information of Major Dhyanchand. We organized Volleyball Competition on National Sports Day.













#### **CHESS INTERCLASS**

Chess Interclass was organised by Gymkhana Committee on 10-08-2018 at College Auditorium. Total 24 students participated out of which 20 were boys and 04 were girls. Only boys were found to be competitive enough to represent college at Chess Intercollegiate Tournament organized by University of Mumbai.







	Place	Name of Student	Class	Name of Students	Class
CHESS	1st	Siddhesh Waghchure	SYBMS	Aneri Shah	T.Y.BAF
INTERCLASS	2nd	Avinash Bist	TYBMS	Kajal Gupta	F.Y.BAF
	3rd	Mahendra Ramina	SYBCom	Bhavini Rathod	F.Y.BAF

### TABLE TENNIS INTERCLASS



Table Tennis Interclass was organised by Gymkhana Committee on 21-08-2018 at Andheri Sports Club. Total 11 male students. We have a good bench strength for this sport as we have a few students from first year who made it to team by beating their seniors. Regular practice and training under a coach may get good results in future.

	Place	Name of Student	Class	
TABLE TENNIS	1st	Soumik Datta	TYBMS	
INTERCLASS	2nd	Vatsal Lukka	SYBMS	
	3rd	Piyush Jain	TYBAF	
	4th	Harsh Bubna		
	5th	Avadh Patel		

#### **BADMINTON INTERCLASS**

Badminton Interclass was organised by Gymkhana Committee on 21-08-2018 at Badminton Court, Andheri Sports Complex. Total 41 students participated out of which 30 were boys and 11 were girls. A pool of 09 students was selected for one month training and college team was selected after that which represented college at Badminton Intercollegiate Tournament organized by University of Mumbai. Our college hasn't received professional Badminton players yet so it's a long way to go to win a medal.



	BADMINTON INTERCLASS						
Place	Boys	Class	Place	Girls	Class		
1st	Pruthvi Saraiya	TYBMM	1st	Isha Divech	TYBAF		
2nd	Vaibhav Joshi	SYBFM	2nd	Ayushi Jain	SYBAF		
3rd	Bhavesh Tyagi	TYBCom	3rd	Snehal Raul	FYBAF		

### FOOTBALL INTERCLASS

The degree college Football selection trial was conducted on 24<sup>th</sup> August 2018 at college ground among 42 degree college students.





#### **CARROM INTERCLASS**

Carrom is the most popular traditional sport among our students, even 6 carrom boards in Gymkhana aren't enough when we receive 20+ students on a regular day. This year in Carrom Interclass organized on 02-01-2019 at Gymkhana. Total 15 students participated.



CARROM INTERCLASS					
Place	Boys	Class	Place		
1st	Ajay Gupta	TYBBI	1st		
2nd	Vishal Surve	SYBCom	2nd		
3rd	Mehul Bamaniya	SYBCom	3rd		

#### **SPORTS SELECTION TRIALS**

Sports selection trials were held for Volleyball, cricket, kabaddi, softball, baseball, and tug of war. Volleyball selection trial was conducted in college Ground (Upavan) while Cricket selection was conducted at cricket net, Shivaji Park, Dadar and others were conducted on college ground.

# Volleyball 24/08/2018



## Kabaddi 29/08/2018



Softball – Baseball 04/10/2018



## Cricket 23/10/2018



Tug of War 15/12/2018 (Women's Team- Intercollegiate University )



### **ANNUAL SPORTS DAY (02/02/2019)**

Gymkhana Committee organized Annual Sports Day (Ahtletic Meet) on  $02^{nd}$  February 2019 at college ground. More Than 120 Students Participate. The event started with flag hoisting, National Anthem, march past by NCC-NSS units, torch run and felicitation of sports achiever Ms. Dakshata Patel (SYBMM), Ms. Nazneen Khan (FYBMS) and Mr. Mayur Pashte (FYJC) Athletic Meet comprised of track events running events 100m, 200m sprint, relay 4 x 100m and field events - shot put, Discus Throw and standing long jump. The winners were felicitated with medals and certificates.















	Place/	Male		Fema	Female		
Event	Rank	Name of Students	Class	Name Of Students	Class		
	1st	Rohit Singh	SYBSCIT	Priya Kesarwani	SYBCOM		
100 Mtr Sprint	2nd	Abhishek Rai	SYBCOM	Shahista Patel	FYBCOM		
Degree College		Jatin Kawadia	FYBMS	Janam Patel	FYBAF		
	3rd			Snehal Raul	FYBAF		
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	1st	Vikrant Ajayee	SYJC	Reshma Salvi	SYJC		
100 Mtr Sprint Jr.	2nd	Amit Das	SYJC	Haripriya Yadav	SYJC		
College	3rd	Sourabh Jain	SYJC	Shahista Khan	SYJC		
	1	T		1			
	1 <sup>st</sup>	Yogesh Sharma	SYJC	_			
200 Mtr Sprint Jr.	2 <sup>nd</sup>	Rahul Ilavia	SYJC	_			
College	3 <sup>rd</sup>	Sourabh Jain	SYJC				
	1 <sup>st</sup>	Rohit Singh	SYBSCIT	Priya Kesarwani	FYBAF		
	1 <sup>st</sup>	Sahil Kubal	TYBAF	Jigna Solanki	TYBAF		
	1 <sup>st</sup>	Chintu Sharma	TYBCOM	Janam Patel	SYBAF		
4×100 Mtr Relay Degree College	1 <sup>st</sup>	Akshay Matho	TYBCOM	Snehal Raul	FYBAF		
Degree Conege	1 <sup>st</sup>	Sourabh Jain	SYJC	Shehai Raui	TIDIU		
	1 <sup>st</sup>	Yogesh Sharma	SYJC				
4 100 M. D. 1	1 <sup>st</sup>	Rahul Ilavia	SYJC				
4×100 Mtr Relay Jr. College	1 st	Pramod Nalawade	SYJC				
Conege	1	Tramod Tvarawade	5130				
	1 <sup>st</sup>	Chintu Sharma	TYBCOM	Tejasi Shirke	FYBAF		
	2 <sup>nd</sup>	Nikhil Rasu	SYBCOM	Hitiksha Patel	TYBA		
Shot Put Degree		Harsh Dingle	FYBBI	Roshni Patel	SYBCOM		
College	3 <sup>rd</sup>			Shahista Patel	FYBCOM		
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	1 <sup>st</sup>	Amit Das	SYJC	Haripriya Yadav	SYJC		
	2 <sup>nd</sup>	Bhavesh Godakiya	SYJC	Nikita Jadhav	SYJC		
Shot Put Jr. College	3 <sup>rd</sup>	Shubham Malasi	SYJC	Shahista Khan	SYJC		
	1 <sup>st</sup>	Dobul Marral	CVDCOM	Jonam Patal	CVDAE		
	2 <sup>nd</sup>	Rahul Nayak	SYBCOM	Janam Patel	SYBAF		
		Rajnish Jha	FYBCOM	Damini Upadhyay	TYBCOM		
Standing Broad Jump	3 <sup>rd</sup>	Suraj Gupta	TYCOM	Aarti Yadav	TYBCOM		
Degree College	3 <sup>rd</sup>	Jayesh Dhanawade	FYBSCIT	Shruti Monde	TYBSCIT		
	1 <sup>st</sup>	Ameer Khan	SYJC	_			
Standing Broad Jump	2 <sup>nd</sup>	Amit Das	SYJC	_			
Jr.College	3 <sup>rd</sup>	Mayur Pashte	FYJC				

Gymkhana Committee Organized Staff Sports for all teaching and non-teaching staff of Junior as well as Degree college on  $02^{nd}$  February 2019. It was informal activity wherein all staff enjoyed playing various sports, athletic events which was planned for them. Staff participated in athletic events like sprint, shot put, relay and also played Tug of war, Cricket for enjoyment. It was good team building and relaxing activity for all the staff.









Staff Sports Aided and Unaided					
100 m Sprint	1st	Miss. Dakshata Halve	Non Teaching Staff		
	2nd	Mrs. Neelam Yadav	<b>Teaching Staff</b>		
	3rd	Mrs. Rupal Kore	Non Teaching Staff		
Shot Put	1st	Mrs. Pallavi Shejwal	Teaching Staff		
	2nd	Mrs. Mina Patil	Teaching Staff		
	3rd	Mrs Neelam Yadav	Teaching Staff		
	3rd	Mrs. Revati Tiwari	Teaching Staff		

Tug Of War - Teaching Staff V/S Non-Teaching Staff

Cricket – All Male Staff

#### RAHEJA FITTEST BOY / GIRL COMPETITION

An interclass competition was conducted to create awareness about physical fitness and promote physical literacy and active lifestyle among college students. Raheja Fittest Boy / Girl Competition was conducted on 25<sup>th</sup> January 2019, which focused on introducing physical exercises to enhance physical fitness parameters of students. The competition comprised of physical exercises or physical fitness tests arranged in a circuit training module to check the physical fitness level of the students. Total 52 students participated out of which 41 were boys while 11 were girls.





	FITTEST BOY / FITTEST GIRL						
Place	Boys	Class	Place	Girls	Class		
1st	Chintu Sharma	TY. BCOM	1st	Pooja Yadav	SY.BA		
2nd	Akshay Mahto	TY. BCOM	2nd	Jigna Solanki	TY.BAF		
3rd	Vinayak Sharma	SY.BBI	3rd	Saloni Khovare	FY. BCOM		
4th	Rajnish Jha	FY. BCOM	4th	Laxmi Gupta	FY.BAF		
5th	Ajay Narayan	SY.BBI	5th	Aneri Shah	TY.BAF		

Monaverson

CA. Hrishikesh Wandrekar Professor in-charge Gymkhana Committee