

# SADHANA EDUCATION SOCIETY'S L. S. RAHEJA COLLEGE OF ARTS AND COMMERCE

## GYMKHANA REPORT YEAR -2019-2020

### INTERNATIONAL YOGA DAY

On the Occasion of International Yoga Day our College Gymkhana Committee organised 2 days "Bramhakumari Yoga Session" Colaboaration with NSS Unit on 20<sup>th</sup> June 2019 and 21<sup>st</sup> June 2019 . Yoga session Conducted by Bramhakumaris Yoga Instructor ( Sisters). NSS Volunteer Puja gave introduction of our instructor.

53 participants of our college get benefit of these session. All the staff members with the Principal sir attended this programme. Principal sir gave motivational speech about Yoga to our students.



## CHESS INTERCLASS

Selection of Chess for Intercollegiate University Competition was conducted for College Students on 3<sup>rd</sup> August 2019 at College Gymkhana (Ground Gymkhana) were 10 Girls and 20 boys participated Only boys were found to be competitive enough to represent college at Chess Intercollegiate Tournament organized by University of Mumbai.

<b>CHESS INTERCLASS</b>	Place	Name of Student	Class	Name of Students	Class
	1st	<b>Sidhlesh Waghchure</b>	TYBMS	Bhavini Rathod	SYBAF
	2nd	<b>Mahendra Ramina</b>	T.Y.B.Com	Alisha Umaratkar	F.Y.BMS
	3rd	<b>Mathew Fernandes</b>	T.Y.B.Com	<b>Kajal Gupta</b>	SYBAF



## TABLE TENNIS INTERCLASS

Selection of Table Tennis for Intercollegiate University Competition was conducted for College Students on 6<sup>th</sup> August 2019 at Andheri Sports Complex were 10 boys participated.

Gymkhana Committee Members and Table Tennis Players conducted this Interclass Competition under the guidance of Sports Teacher for selection of best Table Tennis players for the University Intercollegiate Competition.

<b>TABLE TENNIS INTERCLASS</b>	Place	Name of Student	Class
	1st	Umang Thakkar	F.Y.BMS
	2nd	Vatsal Lukka	SYBMS
	3rd	Akshit Jain	F.Y.BAF
	4th	Harsh Bubna	S.Y.BFM
	5th		

## BADMINTON INTERCLASS

Selection of Badminton for Intercollegiate University Competition was conducted for College Students on 6<sup>th</sup> August 2019 and 7<sup>th</sup> August 2019 at Andheri Sports Complex were 22 Girls and 20 boys participated.

Gymkhana Committee Members and Badminton Players conducted this Interclass Competition under the guidance of Sports Teacher for selection of best Badminton players for the University Intercollegiate Competition.

BADMINTON INTERCLASS							
Place	Boys		Class		Place	Girls	Class
1st	<b>Ansh Sonar</b>	F.Y.BMS	1st	<b>Adity Goyal</b>	F.Y.B.A		
2nd	<b>Sahil Shinde</b>	S.Y.BBI	2nd	<b>Tejasvi Shirke</b>	S.Y.BAF		
3rd	<b>Vaibhav Joshi</b>	T.Y.BFM	3rd	<b>Snehal Raul</b>	S.Y.BAF		

## CARROM INTERCLASS

Selection of Carrom Team for Intercollegiate University Competition was conducted for College Students on 29<sup>th</sup> November 2019 at College Gymkhana ( Ground Gymkhana) were 40 Boys participated for Carrom team selection.

Gymkhana Committee Members conducted this Interclass Competition selection under the guidance of Sports Teacher for selection of best Carrom players for the University Intercollegiate Competition.



<b>CARROM INTERCLASS</b>			
Place	Boys	Class	Place
1st	<b>VISHAL SURVE</b>	T.Y.B.COM	1st
2nd	<b>MANDAR SHEDGE</b>	T.Y.B.COM	2nd
3rd	<b>ABHISHEK VERMA</b>	S.Y.BSC.IT	3rd

### **SPORTS SELECTION TRIALS**

Sports selection trials were held for Volleyball, cricket, kabaddi and tug of war. Volleyball selection trial was conducted in college Ground (Upavan) while Cricket selection was conducted at cricket net, Lions Club , Santacruz and others were conducted on college ground.

### **Kabaddi Selection 27/08/2019**

Selection of Kabaddi for Intercollegiate University Competition was conducted for College Students on 27<sup>th</sup> August 2019 at College Upavan (Ground Gymkhana) were 30 boys participated. Gymkhana Committee Members and Present and Past Kabaddi Players conducted this Interclass Competition selection under the guidance of Sports Teacher for selection of best Kabaddi players for the University Intercollegiate Competition.



## **Football Selection 29/08/2019**

Selection of Football for Intercollegiate University Competition was conducted for College Students on 29<sup>th</sup> August 2019 at College Ground and Juhu Chaupati were 50 boys participated.. Gymkhana Committee Members and Present and Past Kabaddi Players conducted this Interclass Competition selection under the guidance of Sports Teacher for selection of best Football players for the University Intercollegiate Competition.



## **Tug of War 17/09/2019 (Intercollegiate University )**

Selection of Tug of War for Intercollegiate University Competition was conducted for College Students on 17<sup>th</sup> September 2019 at College Upavan (Ground Gymkhana) were 20 Girls and 30 boys participated. Gymkhana Committee Members and Tug of War Players conducted this Interclass Competition under the guidance of Sports Teacher for selection of best Tug of War players for the University Intercollegiate Competition.



## Cricket 26/10/2019

Selection of Cricket Team for Intercollegiate University Competition was conducted for College Students on 26<sup>th</sup> October 2019 at Lions Club Cricket Ground where 30 Boys participated for Cricket team selection. Gymkhana Committee Members and Cricket Coach Danish Pathan conducted this Interclass Competition selection under the guidance of Sports Teacher for selection of best Cricket players for the University Intercollegiate Competition.



## Volleyball 31/10/2019

Selection of Volleyball Team for Intercollegiate University Competition was conducted for College Students on 31<sup>st</sup> October 2019 at College Upavan Volleyball Ground where 30 Boys participated for Volleyball team selection.

Gymkhana Committee Members and Volleyball Coach Danish Pathan conducted this Interclass Competition selection under the guidance of Sports Teacher for selection of best Cricket players for the University Intercollegiate Competition.



## Yoga Selection – 30-10-2019

Selection of yoga for Intercollegiate University Competition was conducted for College Students on 30<sup>th</sup> October 2019 at College Gymkhana (Ground Gymkhana) were 10 Girls participated. Gymkhana Committee Members conducted this Interclass Competition selection under the guidance of Sports Teacher for selection of best Yoga players for the University Intercollegiate Competition.

## Other Participation 2019-2020

Some of Competition were not organised by the college. Because lack of Students Interest and Participation. Some of our college students participated in various games and Won Medals for College. Participation Competition –Lawn Tennis, Kick Boxing , Mallakhamb, Weight Lifting and Power Lifting

- **Mallakhamb** – Our College S.Y.J.C Student Mayur Pashte Won Various Medals in Mallakhamb Competition in D.S.O Competition. Selected for District , State, National and International Competition. And his Mallakhamb Team secured 3<sup>rd</sup> Place in International Level
- **Kick Boxing** – Our College S.Y.BMM Student Parth Rane secured Gold in State Kick boxing Federation and Selected for National Competition . He won Gold as well as Silver Medal in National Kick Boxing Federation and selected for International Competition.
- **Lawn Tennis** – Our College S.Y.BMS student Nazneen Khan were selected for Interuniversity west zone Lawn Tennis Woman’s Team.





## RAHEJA SPORTS WEEK 2019-2020

This year our college Gymkhana Committee organised Raheja Sports Week. In this we organised Interclass competition between Aided Section and Unaided section as well as 1<sup>st</sup> year, 2<sup>nd</sup> year and 3<sup>rd</sup> year classes.

Competition organised in different games such as Chess, Carrom, Badminton, Kabaddi, Volleyball, Box-Cricket, Tug of War and Football.

We also selected champion team in Aided and unaided section. This year Unaided Team won 3 team games and they won Championship Trophy.

### Team / Winners Name – Raheja Sports Week

Sr. No	Name of The Game	Winners Players / Team		
		1 <sup>st</sup> Place	2 <sup>nd</sup> Place	3 <sup>rd</sup> Place
1	Chess 28/11/2019	Siddhesh Waghchure - M Bhavini Rathod- F	Yogesh Sharma – M Alisha Umratkar-F	Mathew Fernandese & Mahendra Ramina - M Kajal Gupta-F
2	Carrom 29/11/2019	Vishal Surve –M	Mandar Shedge- M	Satish Parmar- M
3	Badminton 29/11/219	Riddham Gokharu- M Tejasvi Shirke- F	Shivam Singh – M Saloni Khawre-F	Ritik Sirohi- M Kajal Gupta- F
4	Kabaddi 04/12/2019	S.Y.B.COM	F.Y.B.COM	B.B.I
5	Box-Cricket 05/12/2019	S.Y.B.COM	F.Y. & T.Y.B.COM	B.SC.IT
6	Volleyball 06/12/2019	BMM	T.Y.B.COM	S.Y.B.COM
7	Tug of War 08/12/2019	BMS	T.Y.B.COM	BAF
8	Football 20/12/2019	BMM	B.COM	B.SC.IT





## **Annual Sports Day – Athletic Meet Organised by College on 16<sup>th</sup> January 2020 for Students at College Ground and Upavan.**

This year our college Gymkhana Committee organised Annual Sports Day on 16<sup>th</sup> January 2020.

Our College Gymkhana Committee Members, Volunteers, N.C.C Cadets Gymkhana Teachers

Committee Members, Sports Director and Gymkhana Committee Chairman organised Annual Sports Day Under the Guidance of our college Principal Sir.

This Year we organised Two Sports Days in our college. One Sports Day for College Students and another One for Our College Teaching and Teaching Staff.

In the year of 2019 – 2020 our Gymkhana committee arrange pre-registration counter for Annual Sports Day. Gymkhana Committee members and other volunteers daily open the counter after lectures for students registration.









# Annual Sports Day Result 2019-2020 – Students

Annual Sports Day : Athletic Meet Result – 16/01/2020					
Event	Place/ Rank	Male		Female	
		Name of Students	Class	Name Of Students	Class
100 Mtr Sprint Degree College	1st	Abhishek Rai	T.Y.B.COM	Kirtika Jain	S.Y.BAF
	2nd	Jayesh Dhanawade	S.Y.B.SC.IT	Shahista Patel	S.Y.B.COM
	3rd	Rohit Singh	T.Y.B.SC.IT	Priya Kesarwani	T.Y.B.COM
200 Mtr Sprint Degree College	1st	Abhishek Rai	T.Y.B.COM	Kirtika Jain	S.Y.BAF
	2nd	Rohit Singh	T.Y.B.SC.IT	Janam Patel	T.Y.BAF
	3rd	Aman		Shahista Patel	S.Y.B.COM
4×100 Mtr Relay Degree College	1 <sup>st</sup>	Abhishek Rai	T.Y.B.COM	Janam Patel	T.Y.BAF
	1 <sup>st</sup>	Rohit Singh	S.Y.B.SC.IT	Kirtika Jain	S.Y.BAF
	1 <sup>st</sup>	Rajnish Jha	S.Y.B.Com	Snehal Raul	S.Y.BAF
	1 <sup>st</sup>	Jatin Kawdia	S.Y.BMS	Priya Kesarvani	T.Y.B.COM
4×100 Mtr Relay Degree College	2 <sup>nd</sup>	Pinak Patel	F.Y.B.COM	Tejasvi Shirke	S.Y.BAF
	2 <sup>nd</sup>	Faizal Khan	F.Y.B.COM	Saloni Khaware	S.Y.B.COM
	2 <sup>nd</sup>	Ashish Singh	S.Y.B.COM	Sanjana Jakharia	F.Y.BMS
	2 <sup>nd</sup>			Pooja	S.Y.B.COM
4×100 Mtr Relay Degree College	3 <sup>rd</sup>	Krish Singh and Team	F.Y.B.COM	Shahista Patel and Team	S.Y.B.COM
	3 <sup>rd</sup>				
	3 <sup>rd</sup>				
	3 <sup>rd</sup>				
Shot Put Degree College	1 <sup>st</sup>	Rahul Valunju	F.Y.B.COM	Sanjana Jakhariya	F.Y.BMS
	2 <sup>nd</sup>	Rajanish Jha	S.Y.B.COM	Tejasvi Shirke	S.Y.BAF
	3 <sup>rd</sup>	Harsh Dingle	S.Y.BBI	Saloni Khaware	S.Y.B.COM
Standing Broad Jump Degree College	1 <sup>st</sup>	Aman		Janam Patel	T.Y.BAF
	2 <sup>nd</sup>	Jayesh Dhanawade	S.Y.B.SC.IT	Shahista Patel	S.Y.B.COM
	3 <sup>rd</sup>			Saloni Khaware	S.Y.B.COM



- Annual Sports Day – Athletic Meet Organised by College on 25<sup>th</sup> January 2020 for Teaching and Non-Teaching Staff at College Ground and Upavan.





## Fittest Boys / Fittest Girls

Our College Gymkhana Committee organised last competition of the year Raheja Fittest Boy / Fittest Girl Competition Under the guidance of sports teacher on 13<sup>th</sup> March 2020.

In this competition 20 Girls and 40 Boys were participated this year.

Sr. No	Place	Name of the student	Class / Div	Boy / Girl
1	1 <sup>st</sup>	Rohit Singh	T.Y.B.SC.IT	Fittest Boy
2	2 <sup>nd</sup>	Krish Singh	F.Y.B.COM	Fittest Boy
3	3 <sup>rd</sup>	Jatin Kawdia	S.Y.BMS	Fittest Boy
5	1 <sup>st</sup>	Janam Patel	T.Y.BAF	Fittest Girl
6	2 <sup>nd</sup>	Alisha Umratkar	F.Y.B.COM	Fittest Girl
7	3 <sup>rd</sup>	Saloni Khaware	S.Y.B.COM	Fittest Girl



# Yearly Report for 2019-20

Name of the Department / Committee / Association: Gymkhana

Teacher in charge: CA. Hrishikesh Wandrekar / Ms. Dipali Patil

## Details of participation of college students at University of Mumbai competitions / College Competition

SR. NO	DATE	EVENT / ACTIVITY	PERFORMANCE	VENUE	NO. OF STUDENTS ATTENDED
1	August 2019	Badminton – Girls Singles	2 <sup>d</sup> Round	University Pavilion	2
2	August 2019	Badminton – Girls Team	Top 8	University Pavilion	4
3	August 2019	Badminton – Boys Singles	2 <sup>nd</sup> Round	University Pavilion	2
4	August 2019	Badminton – Boys Team	4th Round	University Pavilion	6
5	September 2019	Tug Of War Boys	2 <sup>nd</sup> Round	SIA College Dombivali	10
6	September 2019	Tug Of War Girls	2 <sup>nd</sup> Round	SIA College Dombivali	10
7	September 2019	Chess- Boys	3 <sup>rd</sup> Round	Vartak College Borivali	4
8	October 2019	Table Tennis – Boys Singles	1 <sup>st</sup> Round	University Pavilion	2
9	October 2019	Kick Boxing	State Level Silver Medal	Kick Boxing Association	1
10	November 2019	Volleyball	3 <sup>rd</sup> Round	Bhavans College (Andheri)	12
11	November 2019	Kabaddi	3 <sup>rd</sup> Round	Chetana College	12
12	December 2019	Cricket	1 <sup>st</sup> Round	Dadar Shivaji Park	18
13	January 2020	Cricket	2 <sup>nd</sup> Round	Dadar Shivaji Park-BMC	18
14	January 2020	Cricket	3 <sup>rd</sup> Round	Cross Maidan Young youth	18
15	January 2020	Tennis	West Zone Selection	Mumbai University Ground	1
16	January 2020	Kick Boxing	National Level 1 Gold & 1 Silver	Kurukshetra Boxing Association	1
17	January 2020	Kabaddi	Semi- Final	M.D.Shah College Kabaddi Competition	12
17	February 2020	Shot Put- Athletics	2 <sup>nd</sup> Place	“ DeTakkar” YuvaSena Competition	1
18	February 2020	Kabaddi	3 <sup>rd</sup> Place	“DeTakkar “ Yuva Sena Competition	12
19	February 2020	Box Cricket	Semi-Final	“ DeTakkar” YuvaSena Competition	12

\*\* Womens Badminton Team Secured Top 8 Rank in Mumbai University Badminton Team Event.

\*\* Parth Rane Won Silver Medal in Kick Boxing and has been Selected for "National Thai Kickboxing Championship 2019" held at Kurukshetra , Haryana.

\*\*\*Nazneen Khan Represented Mumbai University Womens Tennis Team for " West Zone University Competition " held at Rajasthan – Jaipur 2020.

## RAHEJA SPORTS WEEK

2019-2020

Sr.No	Month	Game	Participants		Winners
			Boys	Girls	
1	December - 2019	Badminton	30	20	M/ F Individual
2	December - 2019	Carrom	40	10	M/ F Individual
3	December - 2019	Chess	15	5	M/ F Individual
4	December - 2019	Kabaddi	72	-	S.Y.B.Com Team
5	December - 2019	Volleyball	64	9	B.M.M
6	December - 2019	Cricket	64	9	S.Y.B.Com
7	December - 2019	Tug of War	64	9	B.M.S
8	December - 2019	Football	42	-	B.M.M

- Gymkhana Committee members and Volunteers helps a lot to make successful all these activities in the year 2019-2020.

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Miss. Dipali Mahesh Patil  
Dir. Of Phy.Edu. And Sports



CA Hrishikesh Wandrekar  
Chairman of Gymkhana