

FRIDAY, APRIL 1, 2022 www.lsraheja.org | 4 PAGES | BAMMC DEPARTMENT, L. S. RAHEJA COLLEGE OF ARTS & COMMERCE | Vol: 2 Issue: 10

# ISSUE HIGHLIGHTS

#### Page 1-

- World Heritage Day
- Convey Through Art
- Current Affairs

#### Page 2-

- **▶** Good Friday
- **▶** Siblings Day
- Critics Section

#### Page 3-

- Healthy Foods Alternative
- ➤ Don't Buy, Adopt
- ► World's First Plant-Based Covid Vaccine Covifenz

#### Page 4-

- Write Out loud
- ➤ Birthday Wishes

### **CURRENT AFFAIRS**

- Single-use masks that were being used during the pandemic are now turning out to be an environmental problem and researchers have demonstrated a way of incorporating these masks into a mixture of cement to create more durable and stronger concrete.
- On 28th April 2022, Google announced that it is collaborating with the state government of Telangana and signed a memorandum of understanding (MoU) with the aim of supporting and accelerating the state's vision to leverage technology for the purpose of inclusive social development and sustainable economic development.
- ♦ A vessel capsized and sank with 29 people on board in south-eastern Sennar province, Sudan. Overview: The authorities of Sudan reported the boat's sinking on the Blue Nile. It is believed that 23 women have drowned. When the vessel capsized there were 29 people on board.
- ♦ The Indian government has introduced the Indian Antarctic Bill-2022, around 40 years after the country had first signed the Antarctic Treaty.

# World Heritage Day: 5 Must Visit Places In India

-Farzad Irani

The international World Heritage Day is held on the 18th of April every year. On this day, varied activities are conducted, such as visiting the heritage sites and monuments, conferences, newspaper articles, and round tables. This day is observed internationally to conserve and restore the historical cities, dying ancient tribes, and more. So, let's take a look at a few places for us to visit on this special day!

Taj Mahal- One of the 7 Wonders of the World (Agra, Uttar Pradesh)One of the universally admired masterpieces of the world's heritage. It is an immense mausoleum of white marble, built in Agra by the Mughal



C: www.unciatrails.com

emperor Shah Jahan in memory of his wife. The Taj Mahal is the jewel of art in India.

Qutub Minar- Tallest
Delhi (New Delhi), Qutub Minar
is undoubtedly the most
remarkable heritage site in
India with an enormous tourist
attraction due to its amazing
architecture. It was built by
Qutb-ud-din Aibak and is the
world's largest Minaret. Qutub
Minar is notable for being the



Minar is notable for being the PC: Unsplash.com earliest and most prominent example of Indo-Is-

ndia. monument in

lamic architecture.

Fatehpur Sikri-Former Capital of Mughal DynastyA beautiful monument that still stands the test of time, Fatehpur Sikri was the



PC: www.tripsavvy.com

first planned city of the Mughals to be marked by magnificent administrative, residential, and religious buildings comprised of palaces, public buildings, mosques, and living areas for an entire city.

Golkonda Fort -HyderabadOne of the most magnificent fortress complexes in India, Golconda Fort is



one of the must-visit places C: www.happytrips.com

and the region's best-preserved historic sites. Its construction was completed in the 1600s and is known for being the spot where the mighty Koh-I-Noor diamond was once stored.

**Elephanta Caves** - MumbaiThe Elephanta Caves are a collection of cave temples that are dedicated to Lord Shiva. It is a major attraction due to its archaeological complexes which still stand the test of time. The cave was heavily influenced by the mythologies of Lord Shiva. If you are fond of caves then this is a must-visit spot for you!



# **Convey Through Art**

-Darshit Tanna

Do you have talent and want to speak your heart out but are always neglected by people? What if we tell you that to amplify your voice, to make your opinion, or message, or idea reach the deserving people, the students of LS Raheja have started something? Yes. 5 students of LS Raheja College have started an open mic organisation named 'Convey Through Art'.

Here, you can convey your message through your talent such as singing, poetry reciting, storytelling, rapping, stand up comedy or even a ted talk. This was started by Ridham Bhadreshwara, a bright student of SYBAMMC as he saw that people with great talents always have to compromise on their art to present it to the audience. They never got the privilege to present in the raw form. And then, he came up with an idea of this. "I want to give the wings these artists deserve", were his words.

He solely conducted the first open mic event virtually in August 2021, and it was a grand success as a lot of participants joined. He then told his four friends to join in, too. And now this is a complete team as Ridham Bhadreshwara being the host and the organizer, Darshit Tanna being



the Content Writer, Sama Padvekar being the Graphic Designer, Rahul Shigwan being the Videographer, and Nupoor Bangera being the social media manager. The first offline open mic event was organised by them on 6th March, 2022 and what a magical event it was! The team never expected such a large crowd. They were showered with love. The team is soon going to organise its second offline open mic event. We wish them all the luck and hope they keep creating such magic and give wings to all the artists out there. Also for more updates do visit their Instagram handle @convey.through.art.

### **Good Friday**

- Sama Padvekar

Good Friday is a Catholic festival that usually falls in March and April. This year Good Friday was observed on 15th April 2022. It is a day for somber reflection hence national, state, and local government offic-es, post offices, and banks are closed on Good Friday.

Each Friday before Easter, Christians solemnly honor the way Jesus suffered and died for their sins. On this day, according to the Bible, the Jewish religious leaders, who had condemned Jesus the night before for claiming to be the son of God and king of the Jews, brought Him to the Romans for sentencing. He was sent from Pontius Pilate to Herod and then back to Pilate, who ultimately sentenced Jesus to crucifixion—the highest form of criminal punishment during that period.

Jesus was then beaten, forced to carry a heavy wooden cross through jeering crowds, and finally nailed to the cross by his wrists and feet, where he hung until he passed away. They might attend a service that recounts Jesus's painful crucifixion. Some even refrained from eating to show their sorrow. Catholic churches stripped their altars bare and muffled their bells as a sign of mourning.

On Good Friday, also known as Black Friday, people mourn the death of Jesus Christ following his crucifixion. The day on which Jesus resurrected from the dead is known as Easter.



**PC: JanBharat Times** 

The week before Easter is called the Holy Week. The days celebrated during this week are Palm Sunday, Holy Monday, Holy Tuesday, Spy Wednesday, Maundy Thursday, Good Friday, Holy Saturday, and Easter. Some people also fast or abstain from meat on this day.umerous Christians hold parades or open-air plays to portray the last days and hours of Jesus's life in some areas of India.

# DID YOU KNOW?

#### Sharks love the taste of the Internet?

If shark attacks give you the heebie-jeebies, you and the people over at Google aren't alone. In 1987, it was reported by The New York Times that sharks "have shown an inexplicable taste for the new fiber-optic cables that are being strung along the ocean floor linking the United States, Europe, and Japan."

#### Did you know there is a museum dedicated to failure?

Boasting around 159 failed products and innovations, the touring Museum of Failure features displays on such bad ideas as Harley-Davidson perfume, Colgate frozen entrees, and Microsoft Zune.

# **Siblings Day**

-Neha Marolikar

Many of us might not know that something like siblings' day exists, but Yes! it does. World Sibling Day is celebrated on the 10th of April. This day is recognized as a holiday in some parts of the United States and Canada. Claudia Evart lost her two siblings at a very early age, and right after knowing the role and the importance of siblings, she announced a holiday to honor the memory of her siblings. She choose 10 April as a day for the holiday because it was her late sister Lisette's birthday. So this day gives more significance to honoring the relationships of siblings. Sibling's love is so pure-India, Spain, and Australia are the only few countries to celebrate this day. In Europe, May 31 is celebrated as Siblings Day.

Hindus celebrate siblings' day as Raksha Bandhan. It might be a little hard to agree on, but life without our brothers or/and sisters would be a monotonous one. We have some of our life's best memories with them. We may fight, cry or make fun of each other but eventually, we tend to help each other pass through difficult times.

As time passes, we siblings develop from enemies to best friends by sharing every little moment or thing happening with us. Brothers always support their sisters no matter how rude they are to them. They always stand by each other's side and protect themselves from negativity. Sometimes we feel like why do we have a sibling? How nice would it be if we were our parents' single children? But do you know the ones having siblings are the luckiest? The reason being you feel extremely connected to them after your parents.

Growing up, sometimes they even act like our parents. So, let us appreciate our siblings this year by hugging them and telling them how much we love them! Celebrate the happy times you've had with each other. Laugh at the awkward moments and catch up with your childhood memories.

### **QUOTE OF THE MONTH**

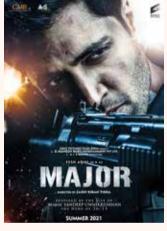
"Success is not final, failure is not fatal: it is the courage to continue that counts."

- Winston Churchill

# **Critics' Section**

(based on IMDb's rating)

#### **MOVIES**







**Major 8.8/10** 

Vikram 8.9/10

777 Charlie 9.2/10

## **BOOKS**

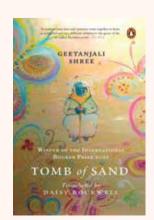


#### **Welcome Home**

A guide to build a home for your soul by Najwa Zebian is an extraordinary self-help guide to experience different kinds of unexpected emotions, building your own home with the two most important keys to life i.e., self-awareness and self-love leading to self-acceptance. The book is a destination for every soul to find a home within, a place where one can feel safe and discover their self-worth.

#### **Tomb of Sand**

The book "Tomb of Sand" by renowned author Geetanjali Shree tells the tale of an eighty-year-old woman who falls into deep discomfort following the death of her husband before emerging with a fresh outlook on life. Ma, against the wishes of her family, is adamant about going to Pakistan, where she will confront the unresolved trauma.



# **Healthy Food Alternatives**

-Rahul Shigwan

Well, who doesn't want to get fit and achieve that dream body with-out giving up their craving for street food? Some might have a sweet tooth and can't have a day without consuming any sweet. Here are some healthy food alternatives that can help you, which are quick, healthy and tasty.

Unhealthy foods and their alternatives:

**Vada Pav:** Vada pav is one of the most loved street food in Mumbai but, at the same time, considered unhealthy. The biggest problem is the oil it is made; it is deep-fried, making it very calorie-dense. Some people might have acidity or inflammation due to its consumption. Also, the pav is made up of maida, which cannot be easily digested.

**Poha**: Poha is the new street food that can be seen on footpaths now-adays. It is a pretty popular, healthy and versatile food option you should go for. Being light and easy to digest, this becomes a good break-fast option. You can add peanuts to make it tastier and hold a good amount of protein, making it healthy

**Chips:** You get different types of chips in the market like lays, bingo, Doritos and many more, which are filled with saturated fats and are made of low-quality refined oil with a negligible amount of fiber in it

making them completely unhealthy.

**Makhana:** On the other side, where chips give you bad cholesterol, high blood pressure and an increase in weight, Makhana helps you reduce those risks. It is low in calories, high in protein and rich in nutrients. You can also have popcorn. **Chole Bhature:** The "chole," which is made of chickpea, is relatively healthy and should be consumed daily, but the issue here is the "bhature" (puri) which is made up of maida and then deep-fried. One plate of chole bhature has up to 600 calories filled with unhealthy fats, simple carbohydrates and zero nutrition.

**Paratha:** Instead of having bhature, you can opt for a paratha made of wheat flour rich in protein and fiber. It has complex carbohydrates which are easily digested and light on the stomach. You can add some vegetables with potatoes as a filling to make it healthier.

**Gulab Jamun:** Deep fried and then dipped in sugary syrup makes it unhealthy and high in calories. If consumed daily can cause a risk of diabetes and heart disease.

**Ragi Laddoos:** Made of ragi, jaggery, dry fruits and ghee, these calcium-rich ragi laddoos can do wonders for you and fulfill your sweet tooth.

# Don't Buy, Adopt!

- Darshit Tanna

Imagine that you are a young orphan and you have been trained in such a way that the amount of mischief you do is equal to that of the amount of money an artist gets- Very less. But still, people are not adopting you just because you are not significantly good looking. The frustration and rage can be seen in your eyes. If you can't tolerate this happening to you then how can you think the stray dogs can tolerate this when you adopt the breeds that aren't even adaptive to the environment you live in?

Dogs are our best friends, and just like we take our best friends for granted and neglect the deeds they have done for us. Yes, they might be dangerous sometimes, but so are we humans. We never try to understand that even they deserve all the love that we give to the other breeds.

There are a lot of breeds that can't tolerate the humid temperature of most of the Indian states, due to which their health condition is hardly well. We can instead choose to express our love towards the ones that already live here and can live to their fullest in this environment. The plus point is that their maintenance cost is low as they enjoy the 'chapatis' we normally make at home unlike some of the breeds that can't live without pedigree and other dog foods.

It's not just about dogs, about any pets. Whenever you adopt a pet, try your best to give them the freedom they deserve. Because just feeding them won't make them love you. They can only love you when they get a chance to become themselves and live their lives by their choice. Give them the sky they want and they will fly with all the colors of your love.

### FUN FACTS

There's an American town with a population of one. Monowi, Nebraska, is the only town in the United States with anofficial population of one person. Yes, she owes taxes... To herself! She's in her 80s, and she's employed as the village's mayor, librarian, and bartender.

Humans are the only animals that blush.

## **QUOTE OF THE MONTH**

"Focus on the step in front of you, not the whole staircase" -Anonymous

# **QUOTE FROM THE HOLY BIBLE**

Do not forget to show hospitality to strangers, for by so doing some people have shown hospitality to angels without knowing it. - **Hebrews 13:2** 

# World's First Plant-Based Covid Vaccine Covifenz

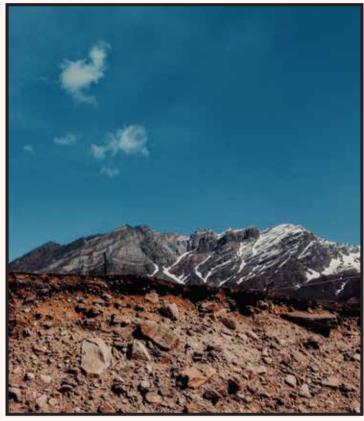
- Sama Padvekar

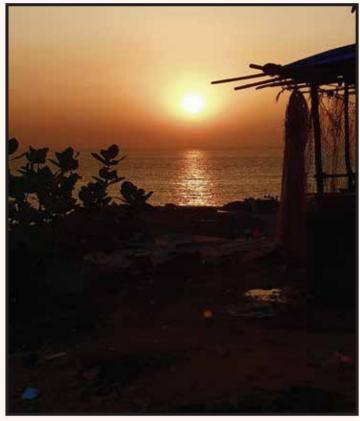
The Canadian government approved the world's first plant-based Covid-19 Vaccine called Covifenz. It is the first vaccine that uses plant-based protein technology created by Medicago. The vaccine can be used by people aged 18 to 64 and is authorized as a two-dose regimen, to be taken 21 days apart. During clinical trials, the vaccine was 71% effective against the symptoms and 100% against the severe diseases caused by Covid-19.

Medicago uses the plants as a bioreactor to produce a particle that mimics the target virus through the process of synthesis, infiltration, incubation, harvest, and purification. The possible common but tempo-rary side effects of vaccination include redness, soreness, and swelling at the injection area and general symptoms like chills, fatigue, joint aches, headache, mild fever, muscle aches, nasal congestion, sore throat, cough, nausea, and diarrhea. Regardless of this invention, Covifenz was rejected by the World Health Organization due to its ties with cigarette maker Philip Morris International.

biopharma The Canadian company's request pre-qualification of its Covifenz shot wasn't accepted, according to the WHO's guidance document dated March 2, 2022. That means the WHO is unlikely to approve the vaccine for emergency use, which would also keep it out of the Covax global vaccine-sharing facility. "Due to its connections it's partially owned by Philip Morris—the process is put on hold," Mariangela Simao, WHO's assistant director-general for drug access, vaccines, and pharmaceuticals, said at a media briefing on Wednesday. "The WHO and the UN have a strict policy regarding engagement with the tobacco and arms industry, hence most likely it won't be accepted for emergency use listing."

MEDIALORE CREATORS' PANEL

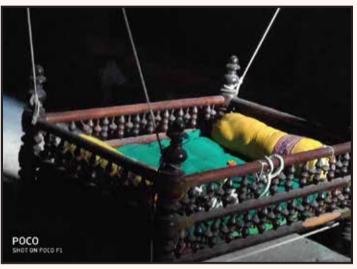






- Sayam Doshi -Tanvi Patil -Sama Padvekar







-Kimaya Kadam -Aakash Kalkumbe -Ishita Karmaran

### WRITE OUT LOUD

The clouds above me turning dark,
Miles passed on the path with my heavy heart.

Feels likes happiness going away with the passing breeze,
Wish I could have never faced this moment atleast.
I am blaming the situation and I know its not right,
Things were in my hand but, I didn't hold them tight.

Not being able to grab the moment, it just passed like the moving sand,
And this made me question myself, Is this the end?
I was not being able to deal with my pain,
But some drops of water were refilling my hopes, and that was the rain.

Just like the earth gains it beauty by rain,
In same way It was filling the energy in my veins.
No more pain affecting me,

Such a healer your nature can be.

-Tanya Purohit

O THERE WILL TO THE

Follow: 🜀 @thelsrcmediaclub

#### **BIRTHDAY WISHES**

Kshama Gandhi- 1st April Yash Gala- 2nd April Avni Kakaria- 4th April Pratham Soni- 5th April Rahul Shigwan- 5th April Yash Naik- 19th April Akansha Singh- 27th April



Today is the oldest you have been, and the youngest you will ever be. make the most out of it. *-Nicky Gumbel* 

### **EDITORIAL TEAM**

Editors: Ishita Karmaran, Vanshika Nanavati, Tanya Purohit and Shreyash Srivastava.

Designers: Aakash Kalkumbe and Sama Padvekar. Data Collection: Ishita Karmaran, Sama Padvekar, Nidhi Nisar and Anushka Mishra.

To showcase your artwork in the next edition or to provide feedback, write to us at: masalakhabaro302@gmail.com

DO NOT COPY WITHOUT PERMISSION