NAAC PEER TEAM VISIT



SADHANA EDUCATION SOCIETY'S

L. S. RAHEJA COLLEGE OF ARTS & COMMERCE



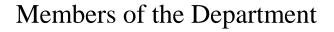
Welcome

- Prof. B P Sanjay
- Prof. Anil Saini
- Dr. Poorna B





DEPARTMENT OF PSYCHOLOGY







Ms. Neha Dalal

- Assistant Professor
- Post graduate
 Diploma in
 counselling and
 Psychotherapy, NLP
 master practitioner
- Pursuing Ph.D.



Ms Shivani Chande

- Assistant Professor
- Alumna of the college
- Practicing counsellor and psychotherapist



Ms Puja Patwardhan

- Assistant Professor
- Trainer, organized summer school



PROGRAMMES OFFERED IN PSYCHOLOGY

- ☐ Bachelor of Arts in Psychology
- ☐ Bachelor of Arts in Psychology- History



Courses offered

General Psychology Social Psychology Developmental Psychology Stress Management Psychological testing and **Statistics** Abnormal Psychology Industrial and Organizational Psychology

- ☐ Cognitive Psychology
- □ Practicum in Psychological Testing and Cognitive processes
- ☐ Counselling Psychology

Programme Specific Outcome



☐ To impart knowledge of the basic concepts and modern trends in Psychology as well as their applications in day to day life

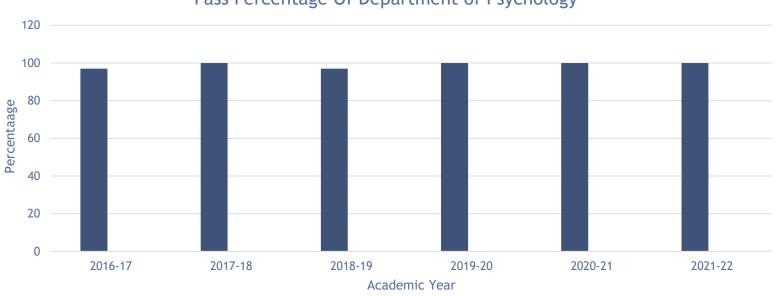


Final Attainment level of CO_PO/PSO			
Programme Name: B.A. Psychology			
Batch:2021			
Po's	PO1	PO2	PSO1
Direct Attainment	2.33	2.33	2.67
Indirect Attainment	2.70	2.88	2.76
Total=80%*Direct			
Attainment+20%*Indirect			
Attainment	2.41	2.44	2.69
Attainment in %	80.21	81.42	89.51



RESULT ANALYSIS

Pass Percentage Of Department of Psychology



■ Pass Percentage ■



Curricular aspects

- The Psychology syllabus has papers that covers wide variety of cross cutting issues like
- ☐ Preventing Prejudice
- ☐ Work ethics
- ☐ moral values
- Developing Empathy
- In courses like Social Psychology, Counselling Psychology, Industrial Psychology



Implementation of teaching plan

- ☐ Teaching plans are made semester wise and submitted to IQAC
- ☐ Department meeting on regular basis (at least twice a semester) are taken to ensure that syllabus is completed as per teaching plan
- ☐ Daily reporting also tracks the number of lectures engaged along with units covered



Certificate courses and Add on courses





Certificate Course on Listening Skills

6 session module conducted by <u>Dr. Chitra</u> <u>Munshi</u>

- Structuring
- Attending
- Reflection
- Questioning
- Basic Empathy
- Barriers to Listening

Schedule: 30 Hour course 20th March 2017 to 8th May 2017 Fee structure: Rs. 2500/- + 18% GST Admission Criteria Open to Post-graduate students and professionals in the field of

Psychology and mental health



For registrations, contact Mrs. Neha Dalal (Course coordinator):

🗵 : chitra munshi@kraheja.org, neba.dalal@kraheja.org

C:+9819713613





To register follow the link: https://goo.gl/forms/goQovoirH1pD8A3
Venue: SESs L. S. Raheja College of Arts & Commerce, Refeef Road,
Santacruz (W), Mumbai - 400154.

Website: www.lsraheia.org

Certificate courses- Basics in Understanding Parkinson's Disease









CERTIFICATE OF PARTICIPATION

Presented to

HETVI SHAH

For participation in 30 hours of 'Basic Course in Understanding of Parkinson's Disease' held by Parkinson's Disease and Movement Disorder Society (PDMDS) for raising awareness and education about Parkinson's Disease from February to May 2021



Dv Maria Barretto CEO Parkinson's Disease and Movement Disorder Society



Dr Debajit N. Sarkar Principal i. Raheja College of Arts and Commerce



Honours Certification Program

- ☐ SEM I- Positive Psychology
- ☐ SEM II- Theories of Personality
- ☐ SEM III- Research Methodologies
- ☐ SEM IV- Statistical tools
- ☐ SEM V and VI- Dissertation and Viva Voce



Teaching Learning Methods



Sending Advance learners to attend workshops and seminars





Advanced learner(on basis of marks) sent to attend a 3 day workshop on Regression therapy and alternative therapies (Clover Leaf Learning Academy)







Advance learners attending workshop at Mithibai College

Advance learners sent for Success DNA unleashed workshop



Mentoring/ Buddy learning program- whereby TYBA students mentor the FYBA students who require help in studies and writing answers





TYBA students mentoring FYBA students



Sending advanced learners for Avishkar Research Convention





All groups- Avishkar

Avishkar-Poster round-zonal



Encouraging students to participate in reasearch paper competitions in other colleges



Research paper presentation in inter collegiate competitions



Extra Lectures

• To clarify concepts

Class tests

• Regular tests and feedback



Lecture on how to write answer papers

Elaborate on transference and counter transference in counselling Transference pull Five patterns of transference Negative transference -Positive transference Cavanagh (1990) both are forms of resistances Counselor's projected emotional reaction to or behavior towards the client (Fauth & Hayes, 2006; Hansen Kernberg (1975) - 2 major approaches to the problem of conceptualizing countertransference. Blanck & Blanck (1979) - both positive and negative. it manifest in various forms. Four forms of expressing countertransfernce (Watkins, 1985) find reasons behind it, monitor, undergo supervision (DeLucia-Waack, 1999). importance of supervision

- Explain the counselor skills of contracting (7), immediacy (6), and rehearsal(7) in the understanding and action phase of counseling (20 marks)
- What are the needs of the aged ?(8) How are they counseled? (12)
 (20 marks)
- What are the types of initial interviews (14) Explain the role of empathy in conducting the initial interview (6) (20 marks)



Students are encouraged to apply learnings through active participation- TYBA students made a training program and conducted workshops for school students of 8th standard of Maltiben Jayantilalal School (Santacruz)on effective study habits and time management



TYBA students conducting workshop for 8th Std students



TYBA students conducting workshop for 8th Std students



TYBA students made a training program and conducted workshops for Tapovan school (Bhayander) students under mentorship of Counsellor









TYBA students made a training program and conducted workshops for A.V.M School (Bandra) students under mentorship of Counsellor



WALL MAGAZINE









Volunteering activities in various outreach programs with reference to – Parkinson's disorder, Spreading awareness regarding Prevention of child sexual abuse- Give them an experience of what it is like to be in the field







Awareness program for Parkinson's Disease at various schools

Working one on one with Parkinson Patients











Working one on one with Parkinson Patients







13/07/2022

To whomever it may concern

Fourteen (14) students of B.A., third year from the Psychology Department of L.S. Raheja had volunteered to intern at Rubaroo in September, 2021. The above-mentioned internship program mainly included pitching Rubaroo's programmes to school, creating templates for PPts and necessary documents. They also helped in providing resources for Rubaroo's social media content. All students on average have completed sixty hours (60) hours of specified activities.

The following is the attendance report of each of the interns.

Name	Hours Committed	Joining Date
Cherish Carvalho	40 hours	27/09/2021
Yashvi chheda	40 hours	27/09/2021
Medha Acharya	40 hours	27/09/2021
Ritika Sakpal	40 hours	27/09/2021
Riya Satija	60 hours	30/09/2021
Oshean Gupta	60 hours	27/09/2021
Meghna kaushik	60 hours	27/09/2021
Aasiya Panjwani	60 hours	27/09/2021
Sanya Velani	60 hours	27/09/2021
Kishita Doshi	60 hours	25/09/2021
Rhythm Kaur Mehrok	75 hours	25/09/2021
Sakshi Manish Desai	90 hours	25/09/2021
Sanjana Sajjanhar	90 hours	26/092021
Sonika Kamble	90 hours	27/09/2021

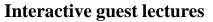
Address – Flat No 6, 1st Floor, Prem Baug, 218, Sir Bhalchandra Road, Matunga CR, Mumbai- 400019 Email: rubarooindia@gmail.com facebook: www.facebook.com/rubaroo.in

Rubaroo Completion letters for volunteering work





PDMDS Completion letters for volunteering work









Interactive Guest lectures from prominent personalities



Interactive guest lectures







Field Visits to Thane Mental Hospital









Students are encouraged to present in class as a way of learning









Topic related - Movie screenings and discussions







Students are encouraged to study in groups and help each other. Especially for Practicum, students do peer supervision



Student Supervision for practicum

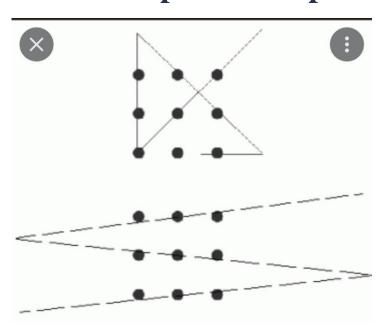


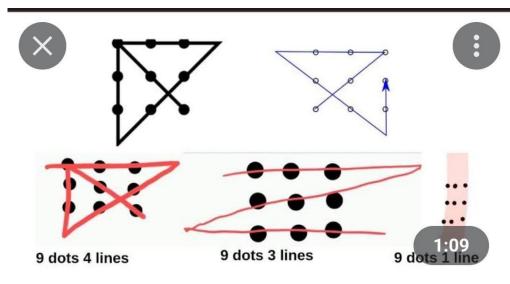
Students doing NLP exercise they learnt in workshop on one another



Problem solving

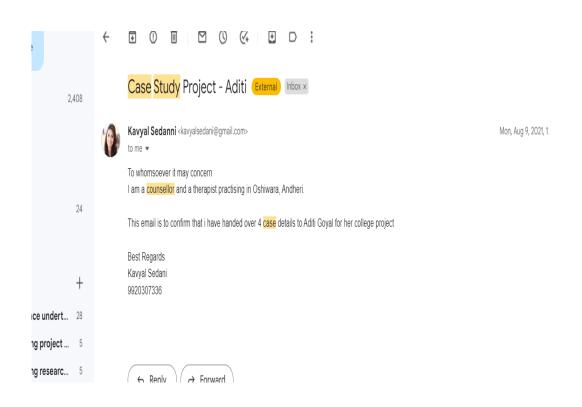
Practical- practice experiments







Case Study method whereby experts from field send cases to students to apply their theoretical understanding



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Role play methods





Holistic development- Celebration of International Yoga Day





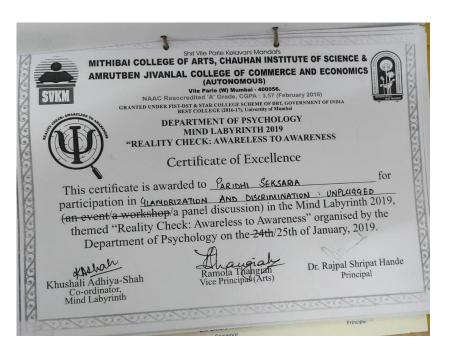
Holistic Development

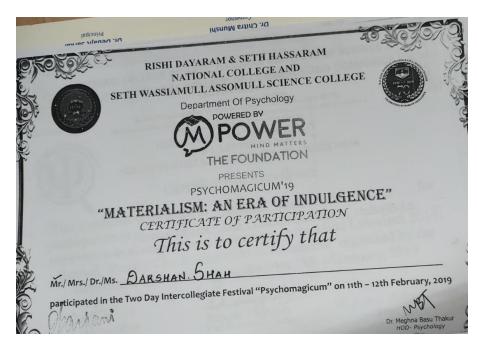
Student Counselling for various issues such as depression anxiety, etc. provided by faculty and professionals





Encouraging Students to participate in Psychology Festivals of other colleges







Audio – Visual Aids

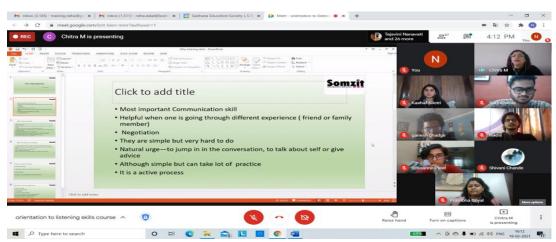
- Webinars
- Use of ICT/ teaching tools/ PPTS/ documentaries screenings
- Showing concept related videos

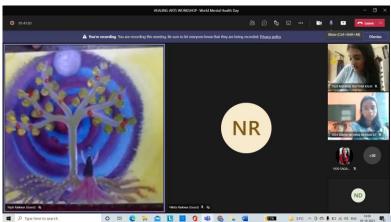




Webinar on Media and Mental Health

Webinar on Healing through Art





Cognition

Sem 5 Unit 1 - Perception

- 1. The Retina https://youtu.be/fZDAwXh54is
- 2. What colour is Tuesday? Exploration of synesthesia https://youtu.be/rkRbebvoYc
- 3. Why every human eye has a blind spot https://youtu.be/QXzgokis331
- 4. Optic nerve https://youtu.be/ai7QnHS7C7g

Retinotopic mapping https://www.youtube.com/watch?v=HCLgh9AwvrQ

How we see colour https://www.youtube.com/watch?v=l8 fZPHasdo

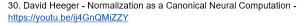
Hemispatial neglect- https://www.youtube.com/watch?v=q52ZCoehGrs

- 5. Dorsal and Ventral streams https://youtu.be/zA- ourKqW4
- 6. Human ear: structure & working https://youtu.be/98-6WfdumZY
- 7. How the ear works https://youtu.be/qgdqp-oPb1Q
- 8. The Cochlea https://youtu.be/WeQluId1hnQ

https://www.youtube.com/watch?v=JWC-cVQmEmY

https://www.youtube.com/watch?v=3oef68YabD0

Sem 5 Unit 2 - Attention & Consciousness





32. THAMBS: The attention system of the articulated head -

https://youtu.be/EISkrY3j-RU

- 34. Change blindness prank https://youtu.be/9fNgMtvXj50
- 35. Derren Brown: Person swap https://youtu.be/vBPG_OBgTWg
- 36. Attentional Blink Test https://youtu.be/vsmMABMkqYk
- 37. Selective Attention Test https://youtu.be/vJG698U2Mvo
- 38. The Monkey Business Illusion https://youtu.be/IGQmdoK_ZfY
- 39. Inattentional Blindness-How Many Passes https://youtu.be/z-Dg-06nrnc
- 40. Visual Illusion: Attention Experiment https://youtu.be/nkn3wRyb9Bk

Conscious experiment libet - https://www.youtube.com/watch?v=IQ4nwTTmcgs

https://www.youtube.com/watch?v=OjCt-L0Ph5o

- 41. Global Workspace Theory https://youtu.be/kVR2 HoiQHg
- 42. Consciousness https://youtu.be/jReX7qKU2yc

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Research orientation



National Conference on "Psychosocial Adjustability and Mental Health"





Inter collegiate research paper reading competitions



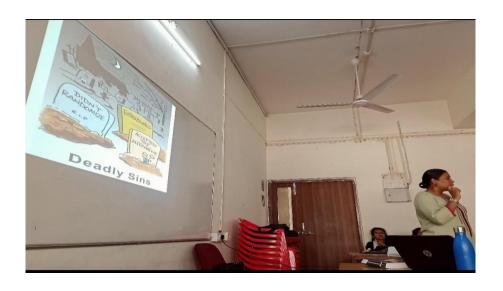




Regular lecture series on "Research methodologies"



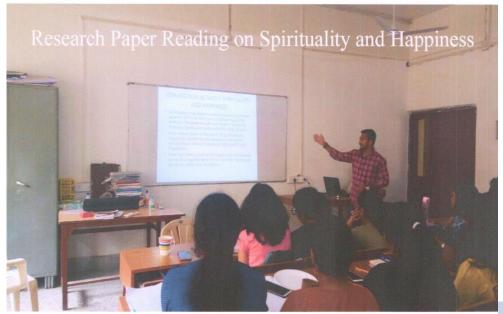






Research paper readings in class







Research work by students

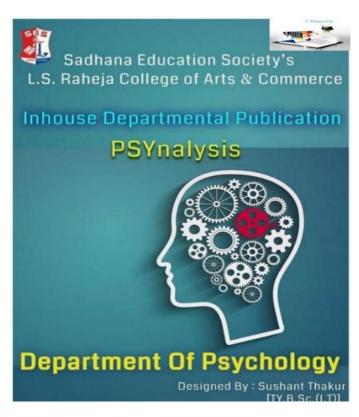
Papers published:

Journal - Indian Journal of Mental Health Issue: 5(1), January – March 2018 Print ISSN – 2394-4579 Online ISSN – 2394-6652

- 1. Adult Attachment Style and Marital Satisfaction- Pankti Shah, Sargam Bihari
- 2. A study on well-being, locus of control, gender and sports -Ankita Agarwal, Chetna Mulani, Shrushti Mehta, Mandeep Kaur.
- 3. Correlation Studies Between Big Five Personality Traits, Age and Loneliness Ankita Kathad, Sameer Masurkar, Shreya Pavithran, Tanisha Soumyanarayan
- 4. Relationships and Loneliness an exploratory study- Priyal Soni, Riddhi Shah, Vrushti Shah
- 5. Self Efficacy and Spirituality is there a correlation Aashni Cheda, Tehreem Hanware, Nidhi Shah



Departmental publications



Students contribute to Departmental publications



Research paper publications of Faculty Members

Research papers in Journals/ Conference proceedings	Departmental Publications	Faculty members pursuing PhD
6	12	1



Collaborations



Collaborations with NGOs and other institutes

- MOU with PDMDS- volunteering work and certificate course for Parkinson's disease
- MOU with Rubaroo- Volunteer outreach program to spread awareness about Prevention of Child sexual abuse

Collaborations in form of MOU

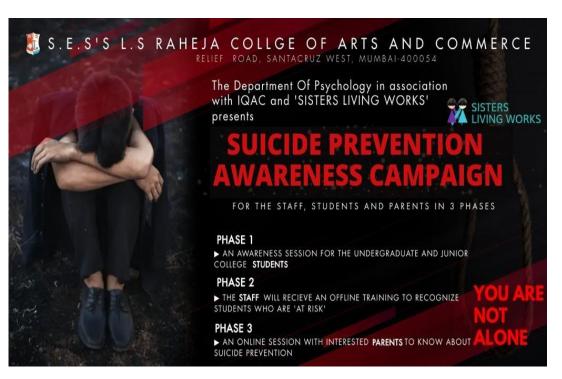




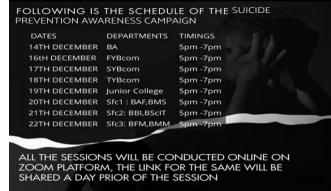




Suicide prevention awareness programs conducted through Department for Students and Staff in association with Sisters Living Works

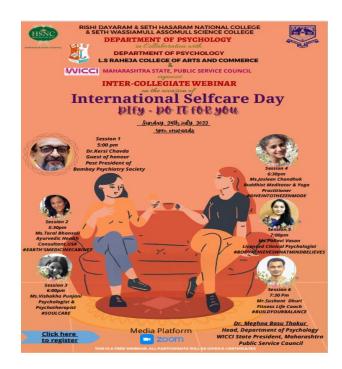








Collaboration with other colleges- R.D. National College in celebration of International Self care day





Infrastructure



Infrastructure facilities

- ☐ A well equipped Psychology Laboratory
- ☐ Projector and Thin Client
- ☐ Stop watches and Screens
- ☐ Reaction Time machines
- ☐ Psychological tests
- ☐ Departmental library













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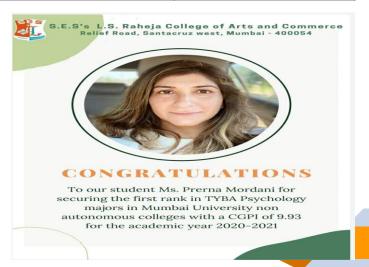
Student Achievements



University Rankers

Year	Name of the Student	Department	CGPA
2019-20	Ms Harshita Jadeja	Psychology	9.51
2020-21	Ms Prerna Mordani	Psychology	9.93









Students won research paper competition at M.D. Shah Mahila College, Malad



First prize in paper presentation at International Conference on Pursuit of Happiness at K.G. Joshi and N. G. Bedekar College of Commerce, Thane





Janseva Samiti Sanchalit Shri. M. D. Shah Mahila College

Smt. T.S. Bafna Junior College of Arts And Commerce MALAD (W) MUMBAI - 400 064.

DEPARTMENT OF PSYCHOLOGY



CERTIFICATE

This is to certify that

Mr. / Miss. Abrilosha Mahashwari had participated
in Intonollege Competition and has been awarded the 3rd

prixe in the year 3015-16

G HEAD. OF THE DEPARTMENT

Date: 04/02/2016

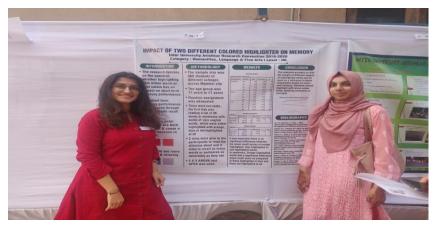








Abhi lad and his group won the poster round to go to power point round in zonal Avishkar competition 2019-20



Khyati Parekh and group won the poster round in Zonal Avishkar competition to go to power point presentation round in zonal competition 2019-20



Abhi lad and group won the power point presentation round of Zonal Avishkar competition to go to District round in Avishkar competition







Kanishka Vakharia and group won consolation prize in the final round of Avishkar in the year 2021-22



Alumni Engagement and Student Support and progression



Alumni Engagement

☐ Ms. Mansi Purohit, an alumna of our college, guided students on writing exams and was also appointed as a counsellor for students along with faculty during the covid pandemic





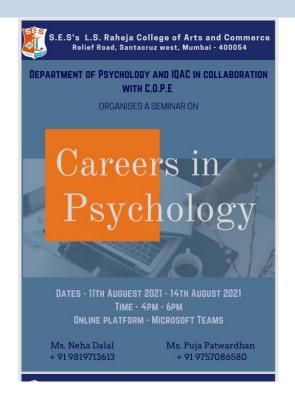
Regular mentoring sessions with students



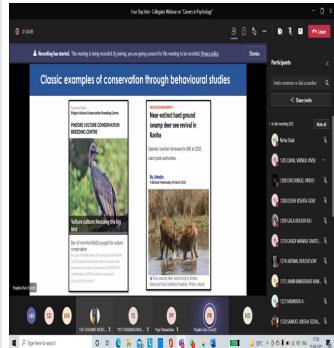














Student Progression

- ☐ Students have pursued masters from University of Mumbai, SNDT University, Christ University Bangalore and TISS
- Students are placed in Schools, Corporates, and Psychological Institutes as counselors
- We have had students from Psychology Department who went Abroad for further studies in countries like USA, UK, Australia and Canada



Miss Harshee Adnani 303, Trishla Apartments, Opposite D. Kushaldas Jewellers, Parle Point, Surat GUJARAT

Date of this letter: Tuesday 28 June 2022

Your applicant number is: 229493555
Please quote this in correspondence

Dear Miss Adnani

Now Unconditional: MSc Applied Clinical Psychology (full-time)

We are very pleased to confirm that your place on this programme of study is now unconditional.

Please check 'My Enrolment Requirements' box on your Bath Application Tracker for confirmation of which documents you will need to bring. We look forward very much to meeting you at registration, and hope that you will find your time at the University of Bath both rewarding and enjoyable.

If you have any questions about your admission to postgraduate study, please do not hesitate to contact us.

Yours sincerely

B. Rayther

Professor Bruce Rayton Academic Director of Postgraduate Taught Admissions

Central Postgraduate Taught Admissions Wessex House 5.1 University of Bath Claverton Down BATH BAZ 7AY

Tel: +44 (0) 1225 385115

Enquiries: pgtadmissions@bath.ac.uk





Nikhil <nikhilpatil535@gmail.com>

KU PG Unconditional Offer

KingstonUniAdmissions@kingston.ac.uk <KingstonUniAdmissions@kingston.ac.uk> Tue, Aug 2, 2022 at 1:43 PM Reply-To: BSSAdmissions@kingston.ac.uk To: nikhiluatili536@mail.com

Cc: hiral.iagani@idp.com



02/Aug/2022

Dear Mr Patil

Course: MSc in Occupational & Business Psychology

Year of entry: 2022/3

Month of Entry: September Term 1

Mode of Attendance: Full Time

Kingston Student ID: 2269195

Please request any CAS via your OSIS account by the CAS issuing deadline this Friday 5th August

Congratulations! After careful consideration of your application, we are delighted to offer you an unconditional place on the above course.

For your information, Overseas tuition fees for addemic year 2022/3 are £15400.00. Please be aware that this is an indicative fee which is subject to validation or may change and increases in tuition fees may be applied an annual basis. This is not an invoice and any subsequent change of course or other details above may entail a different tuition fee. All overseas students will be required to pay 50% of their course fee prior to or at enrolment. For more information on tuition fees and how to pay for your course, please visit our Money Matters Guide at www.kingston.ac.uk/money-matters.

Scholarships:

As a postgraduate applicant you may be eligible to be considered for a postgraduate scholarship of up to £10,000. These are tailored towards both Home/EU and Overseas students, please check our website for further details, eligibility criteria and closing dates as well as the application process.

Living Costs:

The UKVI has estimated £1,334 per month towards living costs for students studying within inner London. Both the Kingston Hill Campus and Penrhyn Road Campus are considered inside of London according to UKVI guidance.

What to do next...

Within 3 days of receiving this notification you will receive an email containing your login details to our applicant portal (OSIS) unless we have previously sent these to you. Once you have your login details please follow the instructions in that email to login to OSIS and either Accept or Decline this offer.





Ms Roxsanne Patel 1/32 Dhunbai Wadi Parsi Colony Dadabhai Road Vile Parle W Mumbai MAHARASHTRA INDIA

Date of this letter: Tuesday 14 June 2022

Your applicant number is: 229058778 Please quote this in correspondence

Dear Ms Patel

Now Unconditional: MSc Applied Clinical Psychology (full-time)

We are very pleased to confirm that your place on this programme of study is now unconditional.

Please check 'My Enrolment Requirements' box on your Bath Application Tracker for confirmation of which documents you will need to bring. We look forward very much to meeting you at registration, and hope that you will find your time at the University of Bath both rewarding and enjoyable.

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Yours sincerely

Professor Bruce Rayton

B. Ragher

Academic Director of Postgraduate Taught Admissions

Central Postgraduate Taught Admissions Wessex House 5.1
University of Bath Claverton Down BATH BA2 7AY
Tel: +44 (0) 1225 385115
Enquiries: pqtadmissions@bath.ac.uk

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BEST PRACTICES

Encouragement Of Student Research Through Participation In Various Competitions Like Avishkar
Encouragement In Community Service Through NGOs Like PDMDS, Rubaroo Sisters Living Works
Recognition Of Students Who Get Good Marks By Sending Then To Training Programs
Eminent Personalities From The Field Are Invited To Deliver Guest Lectures
Guidance Is Provided To Students Regarding Careers In Psychology Through Seminars And Webinars
Celebration Of "International Mental Health Day" - 12 th October
Continuous Parent – Guardian Interaction With Teachers





Parent teacher Student Meeting

Future plans



- □ Collaborations with organizations/colleges/ mental health professionals
- □ To increase research publications of faculty and students
- □ Internships for the students
- □ To build TRN(Trauma resource network)
- □ Psychology Club
- □ Intercollegiate Psychology Festival
- □ Start Masters Program



THANK YOU