

# NAAC PEER TEAM VISIT

HIGHLIGHTS OF  
EXTENSION ACTIVITIES

# MAJOR HIGHLIGHTS OF EXTENSION ACTIVITIES

CULTURAL  
ACTIVITIES

NATIONAL  
SERVICE  
SCHEME(NSS)

DEPARTMENT  
OF LIFE LONG  
LEARNING  
AND  
EXTENSION

NATIONAL  
CADET  
CORPS(NCC)

SPORTS

# CULTURAL ACTIVITIES



# GLIMPSES....

Participation in the University of Mumbai's Youth Festival.

Inter Collegiate Festivals like

Unmesh,

Parallax

Retake.



# GLIMPSES....

Intra Collegiate Activities like

Trends,

Manage Your Own Business,

Finzard and Technika.

Talent Hunt

# GLIMPSES.....

Raheja week where competitions like:

Debate

Mehndi

Rangoli

Singing & Dancing

Celebration of days like Guru Purnima, Teachers Day

# GLIMPSES ....

Celebration of Independence Day,  
Republic Day and Maharashtra Day.

Degree Distribution Ceremony.

Annual Prize Distribution Ceremony



**Our Student  
Representatives over  
a period of years...**





## Our Teacher Representatives over a period of years...



- Annual Day
- Degree distribution Ceremony
- Prize Distribution Ceremony
- Parallax
- Unmesh



## Student Achievements over the years...

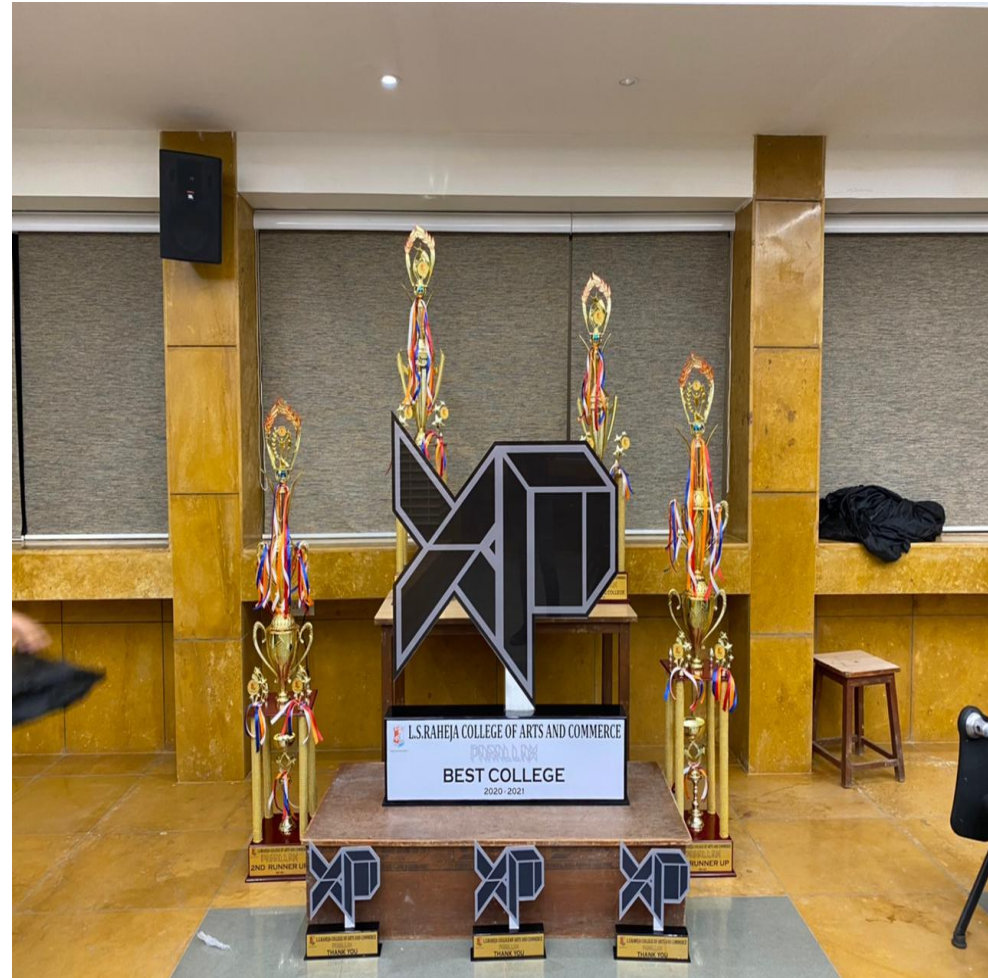
Won a prize in Cartooning, Folk Orchestra, Indian Classical Solo dance and Story Telling in the Youth Festival

Best College trophies from Utkarsh, R.D. National, Thakur Ramnarayan, Lala Lajpatrai, Nagindas Khandwala and other colleges.

Won many prizes in events like War of the Cls, Cricket, Solo Singing and many others.



# A look at the Trophies...





# Glimpses over the years...





# NATIONAL SERVICE SCHEME



University of Mumbai



SADHANA EDUCATION SOCIETY'S  
**L. S. RAHEJA COLLEGE OF  
ARTS AND COMMERCE**

SANTACRUZ (W), MUMBAI - 400054



राष्ट्रीय सेवा योजना

National Service Scheme

युवा कार्यक्रम और खेल मंत्रालय

Ministry of Youth Affairs and Sports

भारत सरकार

Government of India

# NATIONAL SERVICE SCHEME

L. S. Raheja College's Mission Yuva Swasthya

27<sup>th</sup> October, 2021

#FEATURED



## रहेजा महाविद्यालयात 'मिशन युवा स्वास्थ्य'

मुंबई, ता. २८ : साधना एज्युकेशन सोसायटीच्या एल. एस. रहेजा कला आणि वाणीज्य महाविद्यालयाने उच्च व तंत्रशिक्षण विभाग आणि वैद्यकीय विभाग यांच्या समन्वयाने महाराष्ट्र शासनाच्या पुढाकाराने 'मिशन युवा स्वास्थ्य' या लसीकरण मोहिमेचे बुधवारी (ता. २७) आयोजन केले होते. ही लसीकरण मोहीम यशस्वी करण्यासाठी एन. एस. एस., एन. सी. सी. आणि डॉ. एल. एल. इ या विभागांचे विद्यार्थी व समिती सदस्यांनी एकत्रितपणे काम केले.

साधना एज्युकेशन सोसायटीचे सीएओ विजय परमार आणि एल. एस. रहेजा कला आणि वाणीज्य महाविद्यालयाचे प्राचार्य डॉ. देवाजित



मुंबई : एल. एस. रहेजा महाविद्यालयात लसीकरण मोहीम राबवली.

एन. सरकार यांनी या कार्यक्रमाचे उद्घाटन केले. एनएसएसचे कार्यक्रम अधिकारी रामसागर यादव यांनी दिलेल्या माहितीनुसार, एल. एस. रहेजा कॉलेज आणि साधना एज्युकेशन सोसायटीशी संबंधित इतर संस्थांचे विद्यार्थी आणि कर्मचारी, मिठीवाई कॉलेज, एनएम कॉलेज आणि सेंट

अँड्र्यूज कॉलेजच्या विद्यार्थ्यांनीही यात सहभाग घेतला. दीपाली पाटील, डॉ. अक्षता कुलकर्णी यांनी कार्यक्रमाच्या प्रभावी अंमलबजावणीसाठी विद्यार्थ्यांना प्रेरित केले. ए. ए. शर्मा, जयश्री इंगळे, कोमल आंबेडकर, गणेश मांडलेकर आणि एन. एस. एस. यांचे विशेष सहकार्य लाभले.



Organised by  
Sadhana Education Society's  
L. S. Raheja College of Arts & Commerce

N.S.S. Unit B-09, N.C.C. & D.L.L.E.  
Under the guidance of IQAC



# AWARENESS ABOUT EVM AND VVPAT DURING ASSEMBLY ELECTION





# AWARENESS ABOUT EVM AND VVPAT DURING ASSEMBLY ELECTION



# NSS PO SHRI R. B. YADAV AS INVITED GUEST DURING VOTERS AWARENESS PROGRAMME



# NSS VOLUNTEERS CALLED BY SDM MR. UMESH BIRARI JI FOR EXTRA ORDINARY CONTRIBUTION TOWARDS VOTERS AWARENESS





# TREE PLANTATION



L.S. RAHEJA COLLEGE  
of ARTS & COMMERCE  
NSS UNIT B-09  
**REFORESTATION**





# TREE PLANTATION DRIVE AT ADOPTED VILLAGE





# ADOPTED ADIVASI VILLAGE





# ZILLA PARISHAD SCHOOL , ADOPTED VILLAGE, SAKWAR





# SENIOR CITIZEN MAPPING ACTIVITY WITH MUMBAI TRAFFIC POLICE



SADHANA EDUCATION SOCIETY'S  
**L.S. Raheja College of Arts and Commerce**  
Relief Road, Santacruz West Mumbai- 400 054

NSS Unit B-90 in collaboration with Santacruz Police Station

*PRESENTS*

## **PROJECT- SENIOR CITIZEN MAPPING**



# CERTIFICATE OF APPRECIATION FOR BEING POLICE MITRA DURING COVID 19 PANDEMIC





# ROAD SAFETY AWARENESS WEEK



# CERTIFICATE OF APPRECIATION FOR SUPPORTING ROAD SAFETY AWARENESS CAMPAIGN



## *Certificate of Appreciation*

is presented to

**Prof. Ramsagar B. Yadav**

**NSS Program Officer**

**From L. S. Raheja College of Arts & Commerce**

Thanking you for your support to "2 Wheels 1 Life",  
under the aegis of the United for Road Safety Campaign

  
**Jayanti Shukla**  
Chief Executive Officer  
United Way Mumbai

  
**Prof. B. S. Bidve**  
Programme Coordinator- NSS  
University of Mumbai

An Initiative of



Powered by



In Collaboration with



Supported by





# CERTIFICATE OF EXCELLENCE FOR BEING SOCIAL WARRIOR & OPTING ZERO PLASTIC MODEL



L.S. Raheja College  
of Arts & Commerce

## CERTIFICATE OF RECOGNITION & EXCELLENCE

FOR BEING A SOCIAL WARRIOR & OPTING ZERO PLASTIC MODEL



# UNIVERSITY LEVEL LEADERSHIP TRAINING CAMP



Sadhana Education Society's  
L. S. Raheja College of Arts & Commerce

N.S.S. Unit B-09



**Congratulating,**  
our Second Year N.S.S.  
Volunteers;  
**Mr. Abhishek Yadav and  
Ms. Asha Jha** for getting  
selected and successfully  
completing the **University  
Level Leadership Training  
Programme** organised from  
17th November, 2021 to 21st  
November, 2021.



# CERTIFICATE OF APPRECIATION FOR ORGANISING ANIMAL RIGHTS AWARENESS DRIVE



The NSS Unit B-09 of our College received

## Certificate of Appreciation

For Organising Animal Rights Awareness Drive



# CERTIFICATE OF APPRECIATION FOR BISLERI BOTTLES FOR CHANGE



The certificate is presented on a white background with a teal border. In the top left corner, there is a logo for 'Bisleri Bottles for Change' featuring a recycling symbol and a water drop. In the top center, the National Service Scheme (NSS) logo is displayed, which includes a wheel with a red center and the text 'NATIONAL SERVICE SCHEME' in both Hindi and English. In the top right corner, the 'Bisleri' logo is shown in white text on a teal square. The main title 'Certificate of Appreciation' is written in a large, elegant, dark green cursive font. Below the title, the text 'AWARDED TO' is in a smaller, dark green sans-serif font, followed by the name 'SHRI RAMSAGAR YADAV' in a large, bold, black sans-serif font. A horizontal line separates the name from the description of the award. The description is in a dark green sans-serif font and reads: 'for active contribution in the **BOTTLES FOR CHANGE** Plastic collection and Recycling Initiative by BISLERI INTERNATIONAL PRIVATE LIMITED & National service Scheme ( University of Mumbai ).' Below this, the years '2019 - 2020' are written in a teal sans-serif font and underlined. At the bottom left, there is a signature of Anjana Ghosh, followed by her name and title 'Anjana Ghosh, Director' and the organization 'Bisleri International Pvt Ltd, Mumbai'. At the bottom center, there is a signature of Sudhir Puranik, followed by his name and title 'Sudhir Puranik, Director' and the organization 'National Service Scheme (University of Mumbai)'. At the bottom right, a yellow banner with black text reads 'CHANGE YOUR BEHAVIOUR SAVE YOUR ENVIRONMENT'. At the bottom center, there is a recycling symbol followed by the text 'BE RESPONSIBLE RECYCLE PLASTIC'.

**Bisleri Bottles for Change**

**NATIONAL SERVICE SCHEME**

**Bisleri**

## Certificate of Appreciation

AWARDED TO

### SHRI RAMSAGAR YADAV

for active contribution in the **BOTTLES FOR CHANGE** Plastic collection and Recycling Initiative by BISLERI INTERNATIONAL PRIVATE LIMITED & National service Scheme ( University of Mumbai ).

2019 - 2020

*Anjana Ghosh*  
**Anjana Ghosh**  
Director  
Bisleri International Pvt Ltd,  
Mumbai

*Sudhir Puranik*  
**Sudhir Puranik**  
Director  
National Service Scheme  
(University of Mumbai)

**CHANGE YOUR BEHAVIOUR  
SAVE YOUR ENVIRONMENT**

**BE RESPONSIBLE  
RECYCLE PLASTIC**

# CERTIFICATE OF APPRECIATION FOR PARTICIPATING IN ANTI TOBACCO MASS PLEDGE ACTIVITY



L.S. Raheja College  
of Arts & Commerce

*Congratulations*

NSS unit for Participating in  
Maharashtra Anti-Tobacco Mass Pledge Activity



# LETTER OF APPRECIATION FOR PROMOTING FIT INDIA IN ADOPTED VILLAGE



**AYNI**  
AROGYA YOGA & NATUROPATHY INSTITUTE

## LETTER OF APPRECIATION

To,  
Principal Dr. Debajit N. Sarkar,  
L. S. Raheja College of Arts And Commerce,  
Relief Road, Santacruz(W), Mumbai-400054.

Dear Sir,

FIT INDIA Movement was launched on 29th August, 2019 by Honourable Prime Minister with a view to make fitness an integral part of our daily lives. The mission of the Movement is to bring about behavioural changes and move towards a more physically active lifestyle.

We would like to thank you and your National Service Scheme (NSS) Unit B-09, under the dynamic leadership of your Programme Officer Shri Ramsagar Yadav and other members of NSS Advisory Committee Member for supporting :

International Yoga Day (21st June) Celebration from 18TH June, 2020 to 20th June, 2020 and promoting FIT INDIA Movement with the objectives :

- To promote fitness as easy, fun and free.
- To spread awareness on fitness and various physical activities that promote fitness through focused campaigns.
- To encourage indigenous sports.
- To make fitness reach every school, college/university, panchayat/village, etc.
- To create a platform for citizens of India to share information, drive awareness and encourage sharing of personal fitness stories.

Thank you for your service to society.

With Thanks and Regards,

Vijay Ramesh Kukreja,  
Founder - Arogya Yoga And  
Naturopathy Institute,  
Badlapur, Thane, Maharashtra, India.



+91 97677 44333



[aogyamandiryoga@gmail.com](mailto:aogyamandiryoga@gmail.com)

# BEST COLLEGE AWARDS FOR SOCIAL AND COMMUNITY SERVICE

## BEST IN SOCIAL & COMMUNITY SERVICE

The NSS Unit B-09 of Sadhana Education Society's L. S. Raheja College of Arts And Commerce, received the Best College Award under the category Best Social And Community Service during The Progress Global Awards 2021.



# DLLE



Sadhana Education Society's  
**L. S. Raheja College  
of Arts & Commerce**



University of Mumbai  
**Department of Life Long  
Learning and Extension**



# DLLE



## Certificate



This is to certify that **L.S. RAHEJA COLLEGE OF ARTS AND COMMERCE, MUMBAI** is now a **Recognized Social Entrepreneurship, Swachhta & Rural Engagement Cell (SES REC) Institution**. The Institution has successfully framed the SES REC Action Plan and constituted ten working groups for improving facilities in the Campus and the Community/Adopted Villages in the areas of **Sanitation & Hygiene, Waste Management, Water Management, Energy Conservation** and **Greenery** post COVID-19, along with the observation of three environment, entrepreneurship and community engagement related days to inculcate in faculty, students and community, the practices of **Mentoring, Social Responsibility, Swachhta and Care for Environment and Resources**.

Date of Issue:30-08-2020

  
Dr. W G Prasanna Kumar  
Chairman

Mahatma Gandhi National Council of Rural Education  
Department of Higher Education, Ministry of Education  
Government of India

Certificate No.: MoE/SESREC/MH/Mumbai/29

# The Projects

## Vocational

1. Career Project
2. Industry Oriented Project
3. Anna Poorna Yojana



## Community

1. Population Education Club
2. Survey of Women's Status
3. National Institute of Open Schooling





**Beach Cleanup**  
- Post Ganpati Visarjan Beach Cleanup





# Talks, Lectures

## Financial Literacy

- by BSE Investors Protection Fund



## Consumer Rights Awareness

- by Consumer Guidance Society of India (CGSI)







# Speech & Elocutions

- Speech and Essays on various topics





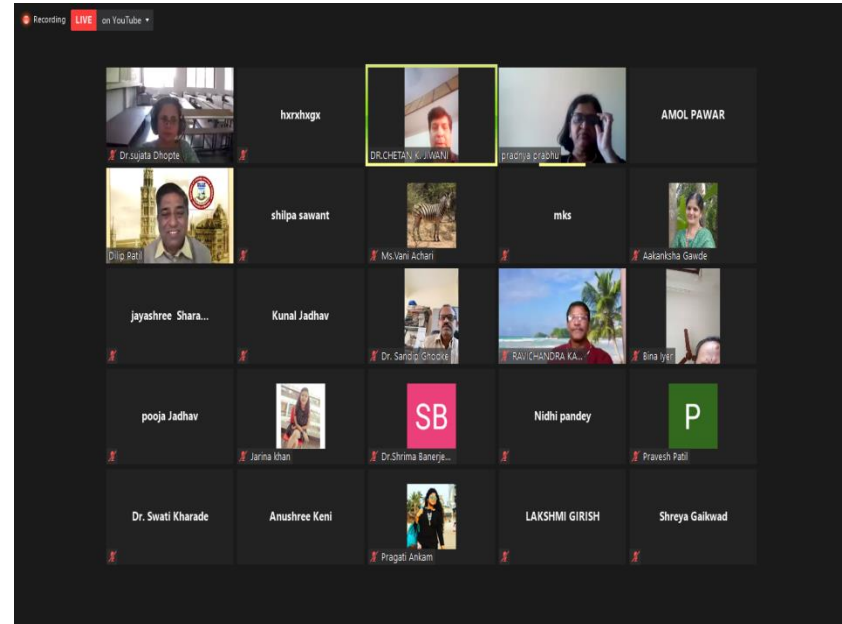
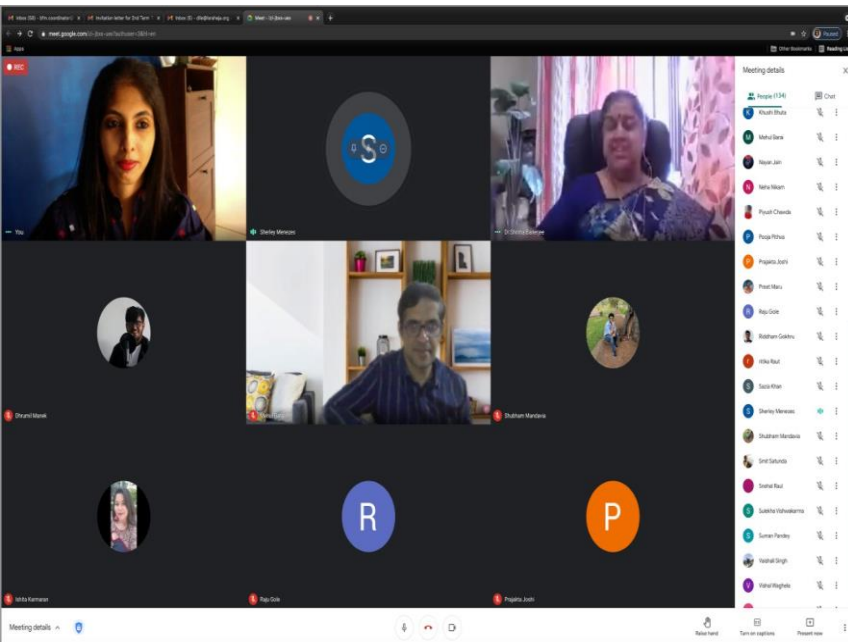
# Road Safety & Traffic Rules Awareness

- Along with the Mumbai Traffic Police.





# PHOTO GALLERY FROM 2020-21



# Population Education Club

Carrying out Activities that



Educate the Population

Spread Awareness

Street Plays Seminars Poster Competition Essay Writing Competition Rallies Exhibitions





# N.C.C



# N.C.C RDC Return





# Annual reports Photos of some activities Future plans







# Awards and recognitions.

2016-2017

## ➤ **RDC Return – Republic Day Parade**

- CDT. Ankita Kathad – 1st Place Best Cadet - Delhi
- CDT. Suraj Rai – Runner Up Best Cadet - Delhi
- CDT. Poonam Yadav

## ➤ **Nau Sainik Camp**

- Vanita Dhebe Selected State Level

## ➤ **National Integration Camp - Nasik**

- CDT. Pooja Yadav
- CDT. Ravi Prajapati
- CDT. Bimbisar Mauraya

2017-2018

## ➤ Senior Cadet Captain- Ankita Kathad – **REPRESENTED INDIA FOR YOUTH EXCHANGE PROGRAM – VIETNAM**

- Cdt. Priyanka Purve Selected to perform **in N.C.C Banner Day Celebration**

## 2018-2019

### ➤ **RDC PRE CAT**

- CDT. Yashkumar Meshru
- CDT. Suraj Yadav
- CDT. Gaurav Narkar

### ➤ **National Integration Camp - Aurangabad**

- CDT. Priyanka Purve

### ➤ **Azad Hind Parakram Parade**

- CDT. Akansha Labde
- CDT. Manoharlal Navik

## 2019-2020

### ➤ **RDC CAT 1**

- Akansha Labde

### ➤ **EBSB – National Camp**

- Eric Mojes
- Manohar Lal Navik



## 2020-2021

### ➤ **EBSB – National Camp**

- Po. Cdt. Sidhanth Rajahans (Navy NCC)

## 2021- 2022

### ➤ **EBSB – National Camp –( Army)**

- LCPL Mitali Sharma

### ➤ **Combine Annual Training Camp ( Army)**

- JUO Mitali Sharma

### ➤ **IGSC Camp Pune - Shooting ( For All – Army / Navy / Air NCC Cadets)**

- Cdt. Ashwini Nair ( Navy NCC) –

- **Mumbai “ B” Group NCC Cadets won 2nd Prize in All Group Headquarters of Maharashtra NCC Directorate**

## NCC – National Cadet Corps – Institutional Achievement

Year	Achievements
2020-2021	Conducted 1 Maharashtra Naval Unit – Jai Hind Detachment Cadre Camp / Annual Training Camp for “B” Certificate Cadets
2021-2022	Conducted 1 Maharashtra Naval Unit – Jai Hind Detachment Cadre Camp / Annual Training Camp for “C” Certificate Cadets
2021- 2022a	Conducted Shahido ko Shat Shat Naman – Azadi Amrut Mahotsav 75 <sup>th</sup> Years of Independence and 50 <sup>th</sup> Years of Indo-Pak War honoring all the martyrs of 1971 war and subsequent operation. On the behalf of NCC Mumbai “B” Group Commander and Commanding office of 1 Maharashtra Naval Unit



# Future plans

- Open N.C.C Unit at College level
- Conduct N.C.C Camps and Event with NCC Naval Wing / Army Wing
- RDC Returns and National Camp cadets from our college

# GYMKHANA/SPORTS



Sadhana Education Society's  
**L. S. Raheja College of Arts & Commerce**

Relief Road, Juhu, Santacruz (West), Mumbai - 400054

**Mr. Mayur Pashte - Mallakhamb**

Champions are not made in the gyms.

Champions are made from something they have deep inside them





## OBJECTIVES AND MOTTO

To motivate all students to actively participate in Physical Sports.

To develop spirit of Sportsmanship, Teamwork and Leadership among the students.

To promote the Physical and Mental Wellbeing of the students.

To encourage students to compete and participate in various sports disciplines at the University level.

To provide a platform to the students to take up sports as a carrier option.



# University Games

Our College Participates Various Games of Mumbai University

- Athletics
- Baseball
- Badminton
- Chess
- Carrom
- Cricket
- Football
- Kabaddi
- Lawn Tennis
- Mallakhamb
- Softball
- Taekwondo
- Tennis
- Tug of War
- Table- Tennis
- Volleyball
- Yoga



## Participation at National Level



Gymkhana  
Soni Mali



Karate  
Mihir Kate



Lawn Tennis  
Dakshata Patel



Mallakhamb  
Mayur Pashte



Kick Boxing  
Parth Rane



Lawn Tennis  
Nazneen Khan







# Awards and recognitions.

## 2015 -2016

### **Harsh Maniar - Table Tennis ( Selected Table Tennis Team Event – Mumbai University)**

- Secured Fourth place in Table tennis team event at National Level
- First in Table tennis team event at State Level
- 3rd at Mumbai University Table Tennis singles event

### **Sony Mali - Gymnastics**

- Won Gold medal at Mumbai District championships in Gymnastics

### **Abhishek Maurya - Gymnastics & Malkhamb**

- Invited to perform at IIT Kanpur

### **Gandhar Chavan - Football**

- Represented the Mumbai district football team at the under-16 tournament at New Delhi

## 2016-2017

### **Sony Mali - Gymnastics**

- Won Gold medal in the team event of Aerobic Gymnastics District Championship.
- Won Silver medal at the individual Aerobic Gymnastics District Championship.

### **Abhishek Maurya - Gymnastics & Malkhamb**

- Won silver medal at the individual event
- Bronze medal in the team event at the Mallakhamb District Championship

## 2017-2018

### **Dakshata Patel (FYBMM) - Lawn Tennis – University Games**

- Represented Team Event University of Mumbai at All India Inter-University Tournament Won Gold Medal
- Gold Medal in Team Event at Tennis at West Zone University Games
- Won Bronze medal at the individual event at Tennis intercollegiate organized by University of Mumbai

### **Mihir Kate (FYBBI) - Karate**

- Won Gold in Individual Kata and Bronze in Individual Kumite in the Open Category Age Group Under 20 years in 23 rd Wfsko open Asian/ International Karate Championship organized by WORLD Funakoshi Shotokan Karate Organisation (WFSKO)

### **Sony Mali (TYBA) - Aerobics Gymnastics**

- Represented Maharashtra at National Level
- Won Gold in Trio in Senior Category and Silver Medal - Trophy in Team Championship in Aerobics Gymnastics Event at Mahapaur Nasik Chashak (Mayor's Cup) organized by Maharashtra Amateur Gymnastics Association.

## 2018-2019

### **Dakshata Patel (FYBMM) - Lawn Tennis**

- Represented Team Event University of Mumbai at at the Belt & Road Chengdu Australia Tennis Championship organized by Tennis Australia & Chengdu Sports Bureau at Shuangliu District, Chengdu, Sichuan, China
- Won Bronze medal at the individual event at Tennis intercollegiate organized by University of Mumbai

### **Nazneen Khan ( FYBMS ) - Lawn Tennis**

Represent University of Mumbai at Inter Zonal Level University Tennis Championship

### **Soumik Datta - Tennis**

- Represented / Participated in 11 Sports 80th Senior National and Inter- State Table Tennis Championship -2018, 4-9 January,2019 , Cuttack.

### **Women Team - Tug of War**

- Secured 5 th Place – University of Mumbai



# 2019-2020

## **Parth Rane (FYBMM)- Kick Boxing**

- Won Gold and Silver Medal "5<sup>th</sup> National Thai Kickboxing Championship 2019" held at Kurukshetra , Haryana
- Won Silver Medal State Level Kick Boxing Championship, Organized by Maharashtra Kick Boxing Association

## **Nazneen Khan (SYBMS) - Lawn Tennis**

- Represented University of Mumbai at West Zone University Tennis Tournament
- Qualified and selected at Tennis intercollegiate organized by University of Mumbai

## **Women's Team - Badminton Team**

- Secured Top 8 Place in Badminton Competition organized by University of Mumbai

## **Nasha Pithawala - Roller Skating**

- Participated in 57 National Roller Skating Championship- Speed Skating organized by India Skate
- Won 2<sup>nd</sup> Place in Speed In lined Relay and Speed Inline Road III
- Participated in Marathod and Road V
- State Level Participation and Won 2<sup>nd</sup> Place

## 2021-2022

### **Mayur Pashte ( S.Y.B.COM) - Mallakhamb**

- Won Gold Medal for Mumbai University Mallakhamb Team in Khelo India University Competition
- Selected For Mumbai University Mallakhamb Team for Khelo India University Competition Participated Khelo India University Competition - Mallakhamb Competition and Won Gold Medal at University Mallakhamb Team Competition( Rajasthan)

### **Karim Khan (FYBMS) - Lawn Tennis**

- Selected for Mumbai University Lawn Tennis Team (Mens)
- Winner at MSLTA Zonal Tennis Tournament
- Winner at MSTA All India Lawn Tennis Championship

### **Yogesh Theerervittal (S.Y.B.A) – Kick Boxing**

- Won Silver Medal in Mumbai Mayor Cup Kickboxing Championship 2022 held at Andheri
- Selected for National Kick Boxing Championship (Bhopal)
- Won Silver Medal at SBKF National selection Trials

# Future plans

Conduct Various University Intercollegiate as well as Zone Competition

Carrier Guidance lecture – Sports

Workshop on Physical Health as well as Mental Health

More players on University Level

Facilities for Sports Person

Increase participation of Girls students

Introduce Physical Education and Sports subject at college level

Sports Practice club for college students such as Mallakhamb, Athletics, Kickboxing etc.