



ISO Certified 9001-2015

SADHANA EDUCATION SOCIETY'S  
(Registered under society's act of 1860 & Bombay Public Trust Act 1950)  
Linguistic (Gujarati) Minority

## L. S. RAHEJA COLLEGE OF ARTS & COMMERCE

Estd : 1980

NAAC ACCREDITED B++ (3<sup>rd</sup> Cycle)

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REFERENCE NO: LSRC/NOTICE/2023-24/1277

DATE:2/9/2023

### NOTICE

This to inform all degree college students Nature & Hiking club is organizing innovative Shraavan fasts for sustainability in association with Green Club & IQAC details of the same is mentioned below:

#### Event Schedule:

##### Day 1: Petrol Driven Vehicle Fast (5<sup>th</sup> September 2023)

- Registration and Welcome Speech on Vehicle Fast at sharp 10 am in F3
- 10:10AM: Discussion on eco-friendly transportation alternatives

##### Day 2: Social Media Fast (6<sup>th</sup> September 2023)

- Registration and Welcome Speech on Social Media Fast at sharp 10 am in F3
- 10:10AM: Group Discussion on the impact of social media on the environment

##### Day 3: Television Fast (8<sup>th</sup> September 2023)

- Registration and Welcome Speech on Television Fast at sharp 10 am in F3
- 10:10AM: Screening of a documentary.

##### Day 4: Junk Food Fast (9<sup>th</sup> September 2023)

- Registration and Welcome Speech on Junk Food Fast at sharp 10 am in F3
- 10:10AM: Cooking workshop for healthy and sustainable snacks

##### Day 5: Mobile Fast (11<sup>th</sup> September 2023)

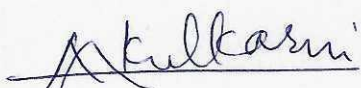
- Registration and Welcome Speech on Mobile Fast at sharp 10 am in F3
- 10:10AM: Workshop on sustainable phone usage and e-waste management

**Day 6: Make Up Fast (12<sup>th</sup> September 2023)**

- Registration and Welcome Speech on Makeup Fast at sharp 10 am in F3
- 10:10AM: Interactive session on natural skincare and makeup alternatives

For inquiries, Contact:

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<b>Ms. Pranjal Laxman Zad</b>	SYBCOM



**DR.AKSHTA KULKARNI**

(CHAIPERSON OF NATURE & HIKING COMMITTEE)



**DR.DEBAJIT N.SARKAR**

(PRINCIPAL)